1  
00:00:02,060 --> 00:00:02,340  
好  
  
2  
00:00:02,540 --> 00:00:03,700  
各位同学  
  
3  
00:00:03,940 --> 00:00:05,860  
咱们接着聊啊  
  
4  
00:00:06,540 --> 00:00:09,980  
那么刚刚说到了三张方  
  
5  
00:00:10,920 --> 00:00:12,280  
这个傅满这部分呢  
  
6  
00:00:12,280 --> 00:00:13,720  
咱们就都说完了  
  
7  
00:00:14,640 --> 00:00:17,600  
呃，接下来有一个新内容  
  
8  
00:00:17,880 --> 00:00:19,400  
所谓韩善啊  
  
9  
00:00:19,480 --> 00:00:20,520  
他的代表方呢  
  
10  
00:00:21,200 --> 00:00:21,480  
呃  
  
11  
00:00:22,150 --> 00:00:25,590  
那么金匮之中寒善三方啊  
  
12  
00:00:25,750 --> 00:00:27,670  
金匮之中寒善三方啊  
  
13  
00:00:27,670 --> 00:00:32,100  
当然实际上还有这个柴胡桂枝汤啊  
  
14  
00:00:33,460 --> 00:00:36,060  
那你要加起来，那就叫寒膳四方啊  
  
15  
00:00:37,220 --> 00:00:38,620  
那么在原文之中是三章  
  
16  
00:00:39,540 --> 00:00:39,740  
呃  
  
17  
00:00:39,820 --> 00:00:40,420  
乌头监  
  
18  
00:00:41,420 --> 00:00:43,660  
我们也叫大乌头奸  
  
19  
00:00:45,460 --> 00:00:47,060  
当归生姜羊肉汤啊  
  
20  
00:00:47,060 --> 00:00:50,740  
咱们都非常熟，乌头桂枝汤啊  
  
21  
00:00:50,740 --> 00:00:52,740  
这么三张从头捋  
  
22  
00:00:53,720 --> 00:00:53,920  
呃  
  
23  
00:00:53,920 --> 00:00:55,600  
那么首先要说一个问题啊  
  
24  
00:00:56,120 --> 00:00:58,320  
那么韩善韩善，我们在这呢  
  
25  
00:00:58,360 --> 00:01:01,360  
首先就提到了这么一个字啊  
  
26  
00:01:03,530 --> 00:01:04,090  
扇子  
  
27  
00:01:06,780 --> 00:01:09,020  
那么善字是是啥意思呢  
  
28  
00:01:09,020 --> 00:01:10,140  
我们当代啊  
  
29  
00:01:10,660 --> 00:01:12,580  
那么有一种病叫疝气，是不是啊  
  
30  
00:01:13,020 --> 00:01:14,480  
咱们都知道，呃  
  
31  
00:01:14,720 --> 00:01:16,400  
睾丸也会出现疝气  
  
32  
00:01:17,070 --> 00:01:19,070  
呃，腹股沟会出现疝气  
  
33  
00:01:19,590 --> 00:01:20,950  
小肠会出现疝气  
  
34  
00:01:21,310 --> 00:01:22,870  
那么这种疝气是什么意思啊  
  
35  
00:01:22,870 --> 00:01:25,550  
那么就是比如说比如说腹股沟疝气吧  
  
36  
00:01:25,550 --> 00:01:26,350  
咱们打个比方啊  
  
37  
00:01:26,670 --> 00:01:27,790  
腹股沟外头有韧带  
  
38  
00:01:27,870 --> 00:01:29,590  
是不是那么有韧带呢  
  
39  
00:01:29,590 --> 00:01:31,230  
它外头破了一个  
  
40  
00:01:31,840 --> 00:01:33,600  
比如说它有一个缺口  
  
41  
00:01:34,320 --> 00:01:41,130  
那么由于这个腹股沟内的压力造成的内容物鼓出来了  
  
42  
00:01:41,410 --> 00:01:43,010  
从这缺口之中鼓出来了啊  
  
43  
00:01:43,530 --> 00:01:46,510  
那么产生了嵌顿啊  
  
44  
00:01:46,510 --> 00:01:47,430  
就卡在这儿了  
  
45  
00:01:47,910 --> 00:01:49,110  
那么一定会疼痛啊  
  
46  
00:01:49,110 --> 00:01:52,530  
而且时间久了局部就会产生坏死啊  
  
47  
00:01:52,530 --> 00:01:53,330  
那么所以这个呢  
  
48  
00:01:53,330 --> 00:01:55,130  
我们今天是一种外科病啊  
  
49  
00:01:55,370 --> 00:01:58,100  
那通常要临床上要手术啊  
  
50  
00:01:58,100 --> 00:02:00,300  
但是我们门诊也治了好多啊  
  
51  
00:02:00,300 --> 00:02:01,460  
用中药是可以治的  
  
52  
00:02:01,460 --> 00:02:02,740  
这个我们一点一点说啊  
  
53  
00:02:03,140 --> 00:02:05,060  
但是你必然要得其法，得其数  
  
54  
00:02:05,140 --> 00:02:07,520  
你要是不得其数，你就自己实验吧  
  
55  
00:02:07,520 --> 00:02:09,320  
那那累死你，你也想不出来啊  
  
56  
00:02:09,800 --> 00:02:11,760  
所以我们过去老人总说，学中医  
  
57  
00:02:11,760 --> 00:02:15,170  
尤其讲传承，饶君聪慧过颜文不遇  
  
58  
00:02:15,170 --> 00:02:16,970  
真师莫强猜啊你  
  
59  
00:02:16,970 --> 00:02:17,890  
你应试啊  
  
60  
00:02:17,890 --> 00:02:20,530  
这个东西试错的代价太大了啊  
  
61  
00:02:20,530 --> 00:02:22,050  
不如直接老师告诉你啊  
  
62  
00:02:22,050 --> 00:02:23,570  
那么这里头都是有方法的  
  
63  
00:02:23,980 --> 00:02:27,900  
但是我们上堂课的时候讲这个丰满的时候  
  
64  
00:02:27,900 --> 00:02:29,260  
我当时就捎带着说了一句  
  
65  
00:02:29,900 --> 00:02:31,580  
我们现在要说这个韩善  
  
66  
00:02:32,070 --> 00:02:35,790  
并不是严格意义上今天临床的外科是外科那个疝气  
  
67  
00:02:36,030 --> 00:02:38,540  
但是它包含了那个善计  
  
68  
00:02:38,820 --> 00:02:43,500  
也就是所谓善，最早的解释说文之中善者是什么呢  
  
69  
00:02:45,560 --> 00:02:47,480  
叫腹痛也啊  
  
70  
00:02:49,450 --> 00:02:52,250  
肚子疼，当然那个说文说的就很糙了啊  
  
71  
00:02:52,490 --> 00:02:53,530  
他毕竟不是医术  
  
72  
00:02:53,570 --> 00:02:55,050  
我们讲叫术业有专攻  
  
73  
00:02:56,490 --> 00:02:59,610  
呃，你要看疝气的这个核心概念啊  
  
74  
00:02:59,610 --> 00:03:01,250  
那么还是要看内经  
  
75  
00:03:01,770 --> 00:03:05,130  
内经素问中间有一篇叫长次结论  
  
76  
00:03:06,340 --> 00:03:08,140  
长此结论，说这么一句话叫什么呢  
  
77  
00:03:08,700 --> 00:03:11,100  
病在少妇，少者小也嘛  
  
78  
00:03:11,100 --> 00:03:12,540  
对吧，就是病在小肚子啊  
  
79  
00:03:12,580 --> 00:03:13,060  
小肚子  
  
80  
00:03:13,060 --> 00:03:13,940  
然后怎么着呢  
  
81  
00:03:14,480 --> 00:03:16,440  
腹痛不得大小便  
  
82  
00:03:17,160 --> 00:03:18,080  
病名曰善  
  
83  
00:03:18,700 --> 00:03:19,700  
他首先说了一个问题  
  
84  
00:03:19,700 --> 00:03:22,220  
他也是这跟那个说文说的是一样啊  
  
85  
00:03:22,580 --> 00:03:24,380  
在腹部，在少腹  
  
86  
00:03:24,770 --> 00:03:25,130  
腹痛  
  
87  
00:03:25,250 --> 00:03:26,690  
而且大小便二便不通  
  
88  
00:03:27,090 --> 00:03:28,810  
这个呢，就是病名曰善  
  
89  
00:03:29,400 --> 00:03:31,640  
那么善的产生机制是什么  
  
90  
00:03:31,680 --> 00:03:35,920  
素问骨空股空论，当时说了这么一句话啊  
  
91  
00:03:37,530 --> 00:03:40,050  
人脉为病，男子内结气  
  
92  
00:03:40,050 --> 00:03:42,330  
善女子带下假具  
  
93  
00:03:44,070 --> 00:03:45,670  
素问骨空论  
  
94  
00:03:49,660 --> 00:03:51,700  
说叫人脉  
  
95  
00:03:55,500 --> 00:03:55,980  
回并  
  
96  
00:03:59,040 --> 00:04:02,640  
那么男子内结  
  
97  
00:04:06,000 --> 00:04:06,440  
欺善  
  
98  
00:04:07,640 --> 00:04:10,520  
女子带下甲具，那么在这我先说一下  
  
99  
00:04:10,760 --> 00:04:11,960  
那这个七善呢  
  
100  
00:04:12,360 --> 00:04:13,400  
到底哪七善  
  
101  
00:04:13,870 --> 00:04:15,790  
呃，后世有所争议啊  
  
102  
00:04:15,790 --> 00:04:16,589  
那说法不一样  
  
103  
00:04:16,910 --> 00:04:17,709  
总之七呢  
  
104  
00:04:17,709 --> 00:04:19,709  
就是言其数之多，对吧  
  
105  
00:04:20,070 --> 00:04:20,750  
各种善  
  
106  
00:04:20,990 --> 00:04:23,890  
那当然也包含了我们之前说的啊  
  
107  
00:04:24,250 --> 00:04:25,930  
那个那个就是那个  
  
108  
00:04:25,930 --> 00:04:28,570  
我们应该具体的讲，叫胡善啊  
  
109  
00:04:28,690 --> 00:04:29,410  
那个后头  
  
110  
00:04:29,930 --> 00:04:32,950  
呃呃，讲到那儿的时候给大家再说啊  
  
111  
00:04:33,110 --> 00:04:33,750  
睾丸啊  
  
112  
00:04:34,290 --> 00:04:34,890  
小肠啊  
  
113  
00:04:35,010 --> 00:04:36,490  
那种嵌顿，对吧  
  
114  
00:04:36,770 --> 00:04:38,650  
包括那个那个腹股沟啊  
  
115  
00:04:38,650 --> 00:04:39,690  
那是有办法的啊  
  
116  
00:04:40,690 --> 00:04:47,000  
那么这个扇我们单纯就是以腹痛为代表的  
  
117  
00:04:47,320 --> 00:04:48,440  
那么它的病因病机  
  
118  
00:04:49,110 --> 00:04:51,070  
根儿啊，还是一个啥问题呢  
  
119  
00:04:51,070 --> 00:04:53,510  
叫人脉为病，大家一定要注意这个问题啊  
  
120  
00:04:54,370 --> 00:04:55,090  
物有本末  
  
121  
00:04:55,170 --> 00:04:55,850  
事有终始  
  
122  
00:04:56,210 --> 00:04:56,930  
知所先后  
  
123  
00:04:56,930 --> 00:04:57,650  
则近道矣  
  
124  
00:04:57,650 --> 00:05:00,570  
那么啥东西咱们都要把它的根根始啊  
  
125  
00:05:00,570 --> 00:05:02,410  
也就是它的根把它捋捋清楚  
  
126  
00:05:02,670 --> 00:05:04,270  
那么这个根儿就是从人脉来的  
  
127  
00:05:04,910 --> 00:05:06,430  
人脉的特征咱们都知道  
  
128  
00:05:06,430 --> 00:05:08,430  
人脉走在身体的  
  
129  
00:05:09,190 --> 00:05:11,430  
这个这个前中线，对吧  
  
130  
00:05:11,990 --> 00:05:14,630  
哎，起于呃那个那个起于胞中啊  
  
131  
00:05:14,670 --> 00:05:15,310  
起于包公  
  
132  
00:05:15,830 --> 00:05:19,710  
呃，那么向上走一直到这个成江啊  
  
133  
00:05:20,110 --> 00:05:24,010  
那么顺着鹊桥再往上上来  
  
134  
00:05:24,290 --> 00:05:25,650  
那就是督脉了，对吧  
  
135  
00:05:25,970 --> 00:05:26,170  
哎  
  
136  
00:05:26,170 --> 00:05:27,370  
任督首尾相接  
  
137  
00:05:27,530 --> 00:05:29,810  
那么这两条呃督脉呢  
  
138  
00:05:29,890 --> 00:05:33,730  
总督总督朱阳，人脉为什么叫人脉啊  
  
139  
00:05:34,410 --> 00:05:35,850  
仁者任也啊  
  
140  
00:05:38,720 --> 00:05:40,800  
壬也啊呃  
  
141  
00:05:40,800 --> 00:05:43,320  
北方壬癸水，那么水呢  
  
142  
00:05:43,400 --> 00:05:43,880  
主印  
  
143  
00:05:44,700 --> 00:05:46,980  
所以我们讲一个，讲一个问题  
  
144  
00:05:47,500 --> 00:05:50,100  
叫总任诸因，说这个问题吧  
  
145  
00:05:51,300 --> 00:05:55,520  
人脉的特征，总认朱茵  
  
146  
00:05:58,600 --> 00:05:59,320  
因此呢  
  
147  
00:06:00,040 --> 00:06:04,320  
在历代医家之中啊我，我个人认为啊呃  
  
148  
00:06:04,760 --> 00:06:13,270  
以叶天士先生的师傅王子接王公独具拙见  
  
149  
00:06:13,830 --> 00:06:16,980  
他就认为这个这个寒疝啊  
  
150  
00:06:17,580 --> 00:06:19,260  
虽然是有寒对吧  
  
151  
00:06:19,980 --> 00:06:22,820  
但是它有一个问题，就是一定有阴虚  
  
152  
00:06:23,380 --> 00:06:24,900  
换句话，用王王公的话  
  
153  
00:06:24,900 --> 00:06:26,660  
他讲叫阴虚得之啊  
  
154  
00:06:27,380 --> 00:06:28,420  
那么一定是阴不足  
  
155  
00:06:28,460 --> 00:06:29,180  
为啥阴不足  
  
156  
00:06:29,180 --> 00:06:30,700  
因为人脉为病  
  
157  
00:06:31,300 --> 00:06:34,500  
人脉总任诸因，它整个就是这个  
  
158  
00:06:34,500 --> 00:06:35,460  
因此寒颤啊  
  
159  
00:06:35,460 --> 00:06:38,020  
它跟腹痛的区别不但是中焦寒  
  
160  
00:06:38,540 --> 00:06:39,660  
咱明白这个道理了吧  
  
161  
00:06:39,660 --> 00:06:43,330  
那你说我们之前讲了整个腹满寒疝  
  
162  
00:06:43,650 --> 00:06:46,730  
它的统一的病机都是中土虚寒  
  
163  
00:06:47,290 --> 00:06:49,210  
同时呢，有可能中土虚寒  
  
164  
00:06:49,250 --> 00:06:50,450  
肝气就来称吧  
  
165  
00:06:50,800 --> 00:06:51,680  
就这么一个问题  
  
166  
00:06:51,880 --> 00:06:53,440  
有的时候肝气来的明显  
  
167  
00:06:53,440 --> 00:06:54,520  
有的时候来的不明显  
  
168  
00:06:54,520 --> 00:06:56,120  
但总之是中土虚寒  
  
169  
00:06:56,520 --> 00:06:57,640  
中土虚寒的时候  
  
170  
00:06:57,960 --> 00:07:00,970  
如果你加之阴亏比较严重  
  
171  
00:07:01,330 --> 00:07:02,650  
那么就会造成啥呀  
  
172  
00:07:03,150 --> 00:07:04,710  
咱们说的含善啊  
  
173  
00:07:05,190 --> 00:07:05,990  
那么善字呢  
  
174  
00:07:05,990 --> 00:07:07,550  
其实还有一层含义啊  
  
175  
00:07:07,590 --> 00:07:09,030  
那么还有一层什么含义呢  
  
176  
00:07:09,070 --> 00:07:12,150  
古人也有人认为他这个病气啊  
  
177  
00:07:12,870 --> 00:07:13,830  
呃，病根深  
  
178  
00:07:14,750 --> 00:07:16,710  
其病牢固啊  
  
179  
00:07:17,030 --> 00:07:17,750  
所以说呢  
  
180  
00:07:19,180 --> 00:07:22,940  
呃，如山之就是坚硬如山啊  
  
181  
00:07:22,940 --> 00:07:25,100  
就说这个病它就像山一样  
  
182  
00:07:25,460 --> 00:07:27,850  
我们讲叫撼山难啊  
  
183  
00:07:28,130 --> 00:07:29,930  
你别你别听讲，叫撼山易  
  
184  
00:07:30,010 --> 00:07:30,970  
撼山不易啊  
  
185  
00:07:31,370 --> 00:07:32,810  
我们讲叫愚公移山吧  
  
186  
00:07:33,310 --> 00:07:35,830  
那个山就是很很坚坚硬的意思  
  
187  
00:07:35,830 --> 00:07:36,510  
那你想想  
  
188  
00:07:36,830 --> 00:07:39,790  
如果是在古代，没有这个外科手段  
  
189  
00:07:39,790 --> 00:07:41,190  
能知道这个事的时候  
  
190  
00:07:41,230 --> 00:07:45,030  
你再遇不到呃，得其术的比较好的医生  
  
191  
00:07:45,750 --> 00:07:49,460  
那真是腹股沟卡在这儿小肠卡在这儿睾丸  
  
192  
00:07:49,500 --> 00:07:51,300  
是不是那真要命啊  
  
193  
00:07:51,420 --> 00:07:52,340  
那那这个时候  
  
194  
00:07:52,420 --> 00:07:57,770  
这个病不是说你呃喝点大枣生姜它就能缓回来的啊  
  
195  
00:07:57,850 --> 00:07:58,810  
不是那么个概念  
  
196  
00:07:59,130 --> 00:08:00,530  
你一定得有方法啊  
  
197  
00:08:01,810 --> 00:08:03,770  
因此这个时候就是所谓的善  
  
198  
00:08:04,480 --> 00:08:08,000  
呃，那我们说的那个韩善的三方啊  
  
199  
00:08:08,320 --> 00:08:11,080  
那正文的三方第一个腹痛  
  
200  
00:08:12,370 --> 00:08:14,730  
那么这个是跟内经说的一样啊  
  
201  
00:08:14,850 --> 00:08:16,290  
那么少腹痛啊  
  
202  
00:08:16,570 --> 00:08:18,730  
病在少腹，腹痛不得大小便  
  
203  
00:08:19,450 --> 00:08:22,080  
那么首先第一个腹痛，脉弦而紧  
  
204  
00:08:22,160 --> 00:08:23,280  
那为啥弦而紧呢  
  
205  
00:08:24,520 --> 00:08:25,560  
弦紧是因为疼  
  
206  
00:08:26,490 --> 00:08:27,530  
大家明白这个道理了吧  
  
207  
00:08:27,530 --> 00:08:30,330  
人在很疼痛的时候，脉一定是紧的  
  
208  
00:08:30,950 --> 00:08:33,429  
换句话说，你疼痛的时候身体一定是紧张的  
  
209  
00:08:33,789 --> 00:08:35,110  
你细想想是不是这个道理  
  
210  
00:08:35,110 --> 00:08:36,190  
所有动物都是这样  
  
211  
00:08:36,470 --> 00:08:39,309  
因为疼痛是所有生物的一个本能  
  
212  
00:08:39,870 --> 00:08:41,549  
包括你看任何动物  
  
213  
00:08:41,990 --> 00:08:42,270  
诶  
  
214  
00:08:42,520 --> 00:08:43,440  
你碰一下  
  
215  
00:08:43,440 --> 00:08:46,200  
如果碰疼了，他肯定是肌肉是紧张状态啊  
  
216  
00:08:46,520 --> 00:08:47,400  
脉也是一样  
  
217  
00:08:47,760 --> 00:08:49,360  
所以解释了一下  
  
218  
00:08:49,830 --> 00:08:52,710  
呃，后头你不要认为后头的文章啊  
  
219  
00:08:53,060 --> 00:08:54,540  
你一看都是负担  
  
220  
00:08:54,580 --> 00:08:56,860  
实际上我们看条纹越长，条纹越容易  
  
221  
00:08:57,180 --> 00:08:59,060  
因为后头不断在解释是不是啊  
  
222  
00:08:59,300 --> 00:09:02,370  
那这说了一个问题，叫贤则胃气不行  
  
223  
00:09:02,730 --> 00:09:03,770  
营卫的胃是吧  
  
224  
00:09:04,210 --> 00:09:07,010  
那为什么营营营主阴为主，阳嘛  
  
225  
00:09:07,250 --> 00:09:08,810  
那么阳气不行，什么意思  
  
226  
00:09:08,970 --> 00:09:10,730  
就是它疼了之后啊  
  
227  
00:09:11,820 --> 00:09:13,220  
人为什么疼痛会紧张  
  
228  
00:09:14,140 --> 00:09:15,380  
想过还过不去  
  
229  
00:09:15,580 --> 00:09:16,340  
因为疼嘛  
  
230  
00:09:16,920 --> 00:09:19,440  
所以阳气就是集锦之象  
  
231  
00:09:19,680 --> 00:09:22,160  
集锦之象它就出现了这个事啊  
  
232  
00:09:22,280 --> 00:09:23,600  
所以贤则胃气不行  
  
233  
00:09:24,120 --> 00:09:25,080  
然后极恶寒  
  
234  
00:09:25,240 --> 00:09:26,480  
那你胃气不能行  
  
235  
00:09:26,560 --> 00:09:28,480  
不能温煦周身，肯定会怕冷  
  
236  
00:09:29,430 --> 00:09:30,990  
锦则不欲食  
  
237  
00:09:31,710 --> 00:09:33,200  
呃，紧呢  
  
238  
00:09:33,400 --> 00:09:36,040  
本身就是人在紧张状态的时候  
  
239  
00:09:36,040 --> 00:09:38,840  
人是肯定是饮食会受限的啊  
  
240  
00:09:39,680 --> 00:09:40,090  
呃呃  
  
241  
00:09:40,690 --> 00:09:43,690  
那么邪正相搏即为寒颤  
  
242  
00:09:44,090 --> 00:09:45,850  
这块给你讲了寒颤的现象  
  
243  
00:09:46,210 --> 00:09:48,770  
他的眼目一个是腹痛，第二是脉弦紧  
  
244  
00:09:49,420 --> 00:09:53,060  
那脉前紧会表现为啥第一个尾气不行，浑身怕冷  
  
245  
00:09:53,540 --> 00:09:54,780  
第二个呃  
  
246  
00:09:55,540 --> 00:09:58,710  
那么仅寒紧则为寒吗  
  
247  
00:09:59,430 --> 00:10:02,950  
寒气盛则胃吐不温啊，则不欲饮食  
  
248  
00:10:04,480 --> 00:10:05,240  
讲这么个事  
  
249  
00:10:05,600 --> 00:10:06,400  
那么后头呢  
  
250  
00:10:06,400 --> 00:10:08,040  
就说了一个核心的事  
  
251  
00:10:09,000 --> 00:10:12,720  
叫第一个屋头屋头尖啊  
  
252  
00:10:16,480 --> 00:10:18,560  
叫韩善什么呢  
  
253  
00:10:21,860 --> 00:10:22,620  
扰其痛  
  
254  
00:10:27,000 --> 00:10:29,280  
其实这字念绕啊  
  
255  
00:10:29,360 --> 00:10:30,560  
但是我不知道为什么  
  
256  
00:10:30,560 --> 00:10:34,300  
我从读上的时候我就喜欢读绕啊  
  
257  
00:10:34,580 --> 00:10:36,740  
而且读上之后感觉很舒服，哈哈  
  
258  
00:10:36,940 --> 00:10:38,460  
不知道为什么，这是个人习惯  
  
259  
00:10:39,100 --> 00:10:39,380  
呃  
  
260  
00:10:40,010 --> 00:10:40,930  
改不过来了啊  
  
261  
00:10:41,810 --> 00:10:43,250  
其实应该读绕啊  
  
262  
00:10:43,730 --> 00:10:45,210  
寒禅绕其痛是对的啊  
  
263  
00:10:45,890 --> 00:10:47,690  
那么寒善扰其痛  
  
264  
00:10:48,880 --> 00:10:49,720  
绕着一圈啊  
  
265  
00:10:50,440 --> 00:10:54,440  
若发则白金出他这个说了  
  
266  
00:10:56,480 --> 00:10:57,280  
这几个事，儿啊  
  
267  
00:10:57,280 --> 00:11:00,520  
你看第一核心告诉你，这种疼痛  
  
268  
00:11:00,600 --> 00:11:03,200  
它的特征是绕着肚脐眼疼的  
  
269  
00:11:04,280 --> 00:11:04,760  
没错吧  
  
270  
00:11:05,080 --> 00:11:05,280  
哎  
  
271  
00:11:05,280 --> 00:11:07,000  
绕着肚脐眼儿，呃  
  
272  
00:11:07,480 --> 00:11:08,320  
绕着肚脐眼疼  
  
273  
00:11:08,760 --> 00:11:11,240  
因此这个呢，实话实说啊  
  
274  
00:11:11,360 --> 00:11:15,200  
我们这个咱们说伤寒六经前百病  
  
275  
00:11:15,600 --> 00:11:17,280  
一个方能治好多不同的病吧  
  
276  
00:11:17,440 --> 00:11:20,360  
咱们叫异病同治金匮呢  
  
277  
00:11:20,910 --> 00:11:22,390  
讲官窍，官窍呢  
  
278  
00:11:22,390 --> 00:11:24,390  
每个位置官窍都不一样啊  
  
279  
00:11:24,870 --> 00:11:27,750  
那么所以说它讲究同病异治啊  
  
280  
00:11:27,910 --> 00:11:28,670  
同病异治  
  
281  
00:11:29,110 --> 00:11:30,350  
呃，从这个角度呢  
  
282  
00:11:31,550 --> 00:11:34,270  
大乌头煎的这个病位  
  
283  
00:11:35,150 --> 00:11:37,550  
我在临床上所经历和见过的啊  
  
284  
00:11:37,910 --> 00:11:40,310  
那么比如说小肠疝气肠梗阻  
  
285  
00:11:41,170 --> 00:11:43,570  
这种是比较有鲜明特征的啊  
  
286  
00:11:44,170 --> 00:11:45,210  
比较有鲜明特征  
  
287  
00:11:45,980 --> 00:11:46,780  
那么因此呢  
  
288  
00:11:46,780 --> 00:11:47,940  
这个呃  
  
289  
00:11:48,380 --> 00:11:51,780  
所以他绕脐是它的一个特征，就是部位  
  
290  
00:11:52,060 --> 00:11:53,940  
那你看小肠这个位置是不是  
  
291  
00:11:54,920 --> 00:11:55,120  
哎  
  
292  
00:11:55,120 --> 00:11:56,840  
那正好就是七周这一圈  
  
293  
00:11:57,360 --> 00:12:00,080  
那咱们伤寒里头有没有绕脐的问题啊  
  
294  
00:12:00,080 --> 00:12:01,080  
绕脐痛也有啊  
  
295  
00:12:01,360 --> 00:12:03,620  
那你比如说大大承气汤啊  
  
296  
00:12:03,660 --> 00:12:05,380  
也会出现类似的问题啊  
  
297  
00:12:05,820 --> 00:12:08,980  
那么也很可能就是出现了梗阻，肠梗阻  
  
298  
00:12:10,230 --> 00:12:10,430  
额  
  
299  
00:12:10,710 --> 00:12:13,990  
那么绕脐痛后头讲叫弱发  
  
300  
00:12:14,150 --> 00:12:15,190  
弱发就是什么意思啊  
  
301  
00:12:15,190 --> 00:12:18,660  
说明他发作有时，一旦发作期会怎么样呢  
  
302  
00:12:19,220 --> 00:12:21,540  
白金出什么叫白金就是白毛汗  
  
303  
00:12:21,660 --> 00:12:22,340  
咱明白吗  
  
304  
00:12:22,620 --> 00:12:23,740  
就是老百姓叫白毛汗  
  
305  
00:12:23,780 --> 00:12:24,740  
实际上就是冷汗  
  
306  
00:12:25,230 --> 00:12:26,030  
是不是这个道理啊  
  
307  
00:12:26,310 --> 00:12:28,310  
就冒冷汗为啥冒冷汗  
  
308  
00:12:29,470 --> 00:12:30,710  
因为疼，哈哈  
  
309  
00:12:31,060 --> 00:12:32,340  
就是因为疼疼痛啊  
  
310  
00:12:32,940 --> 00:12:34,140  
那么咱们刚才不是讲了吗  
  
311  
00:12:34,140 --> 00:12:36,060  
所谓这个脉弦是紧嘛，对吧  
  
312  
00:12:36,140 --> 00:12:37,620  
疼到了脉弦紧的状态  
  
313  
00:12:38,210 --> 00:12:41,690  
与此同时，手足逆冷这个说的都是在发病期间  
  
314  
00:12:42,730 --> 00:12:44,290  
一发病手脚冰凉  
  
315  
00:12:44,890 --> 00:12:47,220  
出冷汗，养鱼了吧  
  
316  
00:12:47,670 --> 00:12:48,430  
按我们中医来说  
  
317  
00:12:48,430 --> 00:12:49,670  
我们中医你当大夫  
  
318  
00:12:49,670 --> 00:12:52,070  
你不能按老百姓那个思维去想问题啊  
  
319  
00:12:52,270 --> 00:12:54,150  
是不是你得按医生的思维  
  
320  
00:12:54,390 --> 00:12:55,710  
那医生的思维就告诉你了  
  
321  
00:12:55,710 --> 00:12:58,560  
说那冒冷那就不是冒冷汗  
  
322  
00:12:58,560 --> 00:12:59,880  
那是因为阳虚啊  
  
323  
00:13:01,050 --> 00:13:02,210  
而且是哪个阳淤  
  
324  
00:13:02,890 --> 00:13:04,090  
那就是脾土之阳  
  
325  
00:13:04,170 --> 00:13:07,450  
是不是那被啥淤了，被寒呢  
  
326  
00:13:08,250 --> 00:13:09,850  
寒瘀脾土其实还回来  
  
327  
00:13:10,170 --> 00:13:12,650  
因此你看我们有没有核磁共振  
  
328  
00:13:13,290 --> 00:13:14,570  
我们都是阴阳五行  
  
329  
00:13:14,570 --> 00:13:15,130  
明白了吧  
  
330  
00:13:15,130 --> 00:13:16,050  
这才叫中医  
  
331  
00:13:17,110 --> 00:13:19,550  
那你没核磁共振的时候，阴阳五行  
  
332  
00:13:20,760 --> 00:13:24,320  
有核磁共振，就是变成了核磁共振  
  
333  
00:13:24,600 --> 00:13:25,640  
那你就不是中医  
  
334  
00:13:26,040 --> 00:13:26,720  
明白了吧  
  
335  
00:13:27,140 --> 00:13:27,340  
哎  
  
336  
00:13:27,340 --> 00:13:28,820  
并不是我们说谁高谁低  
  
337  
00:13:28,820 --> 00:13:30,700  
或者说你瞪眼你看不见吗  
  
338  
00:13:30,780 --> 00:13:32,460  
磁共振都结果都拍出来  
  
339  
00:13:32,460 --> 00:13:33,420  
我能看见呢  
  
340  
00:13:34,320 --> 00:13:34,920  
但我是中医  
  
341  
00:13:34,920 --> 00:13:36,160  
我解决方法入手  
  
342  
00:13:36,160 --> 00:13:40,080  
我就得立足在阴阳五行六经上去立足啊  
  
343  
00:13:41,470 --> 00:13:43,190  
你就你别说，你协和回来  
  
344  
00:13:44,150 --> 00:13:46,230  
你就斯坦福回来的，我还是这个啊  
  
345  
00:13:46,230 --> 00:13:47,350  
咱明白这个道理吗  
  
346  
00:13:47,920 --> 00:13:48,120  
哎  
  
347  
00:13:48,120 --> 00:13:49,600  
那所以我们中医就这些东西  
  
348  
00:13:49,880 --> 00:13:53,760  
你只有你真正的用你自己的中医东西去认知，去理解  
  
349  
00:13:53,760 --> 00:13:55,520  
去融汇，去贯通  
  
350  
00:13:56,260 --> 00:13:56,980  
去落地  
  
351  
00:13:57,620 --> 00:13:59,500  
你才能用中医东西解决问题  
  
352  
00:13:59,940 --> 00:14:03,580  
你不能没看见的时候在这神神叨叨对吧  
  
353  
00:14:04,170 --> 00:14:06,010  
哎，大气将托乎对吧  
  
354  
00:14:06,410 --> 00:14:06,890  
忽悠人  
  
355  
00:14:07,450 --> 00:14:10,690  
你看见了之后，你那东西全没了  
  
356  
00:14:11,290 --> 00:14:12,890  
那东西说明你这是假的  
  
357  
00:14:12,890 --> 00:14:14,810  
说明你平时你嘴上也说中医  
  
358  
00:14:14,810 --> 00:14:16,290  
也说阴阳也说五行  
  
359  
00:14:17,030 --> 00:14:18,950  
说明你讲的是中医的道理  
  
360  
00:14:20,150 --> 00:14:21,350  
但是你心里不是啊  
  
361  
00:14:21,470 --> 00:14:24,080  
说这个道理，然后回头治不好病啊  
  
362  
00:14:24,200 --> 00:14:26,280  
脏水还得泼到我们中医头上啊  
  
363  
00:14:26,320 --> 00:14:29,320  
我这个针对的是一些伪中医说的，哎  
  
364  
00:14:29,880 --> 00:14:32,940  
平时嘴上说的都是中医，唉  
  
365  
00:14:32,980 --> 00:14:35,420  
名片上印的都是中医，就不干中医的事  
  
366  
00:14:35,420 --> 00:14:37,300  
儿啊，嗯  
  
367  
00:14:39,400 --> 00:14:41,680  
那么所以你还得知行合一啊  
  
368  
00:14:41,680 --> 00:14:44,800  
还得回来，那即使片子摆在这对吧  
  
369  
00:14:45,360 --> 00:14:48,380  
磁共振放在这，我考虑问题还是阴阳五行  
  
370  
00:14:48,900 --> 00:14:51,940  
那你才能用我们阴阳五行这套东西解决问题  
  
371  
00:14:54,870 --> 00:14:57,070  
你不能一有片子就不阴阳五行了啊  
  
372  
00:14:57,510 --> 00:14:58,150  
说这样啊  
  
373  
00:14:58,550 --> 00:15:00,780  
那么所以中土被淤啊  
  
374  
00:15:00,900 --> 00:15:03,540  
中土被淤，这就是他现在一个核心问题  
  
375  
00:15:04,150 --> 00:15:04,350  
呃  
  
376  
00:15:04,710 --> 00:15:05,870  
那必然是脉沉  
  
377  
00:15:05,870 --> 00:15:07,750  
紧沉则主里，紧则主痛  
  
378  
00:15:07,950 --> 00:15:09,110  
就非常简单啊  
  
379  
00:15:09,630 --> 00:15:10,710  
所以用大乌头煎  
  
380  
00:15:12,010 --> 00:15:14,370  
呃，那么这个大乌头尖它针对的问题呢  
  
381  
00:15:14,370 --> 00:15:16,890  
我刚才说的就四个字  
  
382  
00:15:16,890 --> 00:15:17,970  
我再给你总结一下  
  
383  
00:15:18,090 --> 00:15:20,250  
不要忘了叫中土韩娱是不是  
  
384  
00:15:22,900 --> 00:15:26,460  
中土韩愈被寒气闭郁了吧  
  
385  
00:15:29,140 --> 00:15:30,220  
寒则为痛啊  
  
386  
00:15:30,300 --> 00:15:31,260  
那么一定会疼  
  
387  
00:15:32,740 --> 00:15:33,780  
这种时候怎么办  
  
388  
00:15:36,180 --> 00:15:38,140  
实际上我们知道古人啊  
  
389  
00:15:38,300 --> 00:15:43,260  
方剂有有这个七方大小缓急积有复制用法对吧  
  
390  
00:15:43,790 --> 00:15:46,030  
那么也有所谓这个  
  
391  
00:15:46,820 --> 00:15:48,900  
那么君臣佐使也有单行  
  
392  
00:15:49,340 --> 00:15:50,260  
单行是啥意思  
  
393  
00:15:50,260 --> 00:15:50,900  
就是一味药  
  
394  
00:15:51,620 --> 00:15:54,460  
那么咱们这个乌头汤啊，就是单行之法  
  
395  
00:15:54,460 --> 00:15:55,100  
为什么呢  
  
396  
00:15:56,040 --> 00:15:59,630  
一味单行则不加监制啊  
  
397  
00:15:59,630 --> 00:16:00,630  
就不加节制  
  
398  
00:16:00,910 --> 00:16:04,710  
是不是这个道理，就没有人去在旁边一把尚方宝剑  
  
399  
00:16:04,710 --> 00:16:05,550  
我看着你啊  
  
400  
00:16:06,230 --> 00:16:10,700  
那这个时候，他就能放开手脚去干事  
  
401  
00:16:11,140 --> 00:16:12,700  
我们讲这么一个道理，是不是  
  
402  
00:16:12,940 --> 00:16:15,960  
那么我们经常说一个和尚挑水吃，呵  
  
403  
00:16:16,320 --> 00:16:17,000  
俩和尚呢  
  
404  
00:16:17,000 --> 00:16:18,600  
他就抬水，仨和尚就没水  
  
405  
00:16:18,600 --> 00:16:20,320  
但是这个说的是是另一种情况  
  
406  
00:16:20,560 --> 00:16:23,340  
但我们讲，其实侧面上也反映一个问题  
  
407  
00:16:23,620 --> 00:16:25,380  
往往你没有人帮你的时候  
  
408  
00:16:25,380 --> 00:16:27,250  
你也就孤注一掷了，啊  
  
409  
00:16:27,250 --> 00:16:28,050  
咱们讲这个问题  
  
410  
00:16:28,370 --> 00:16:29,050  
关于乌头  
  
411  
00:16:29,210 --> 00:16:31,930  
其实有的时候我们说关于乌头的核方  
  
412  
00:16:31,930 --> 00:16:34,490  
我们也经常用大乌头煎，是不是啊  
  
413  
00:16:34,970 --> 00:16:36,930  
那么吃食止丸等等啊  
  
414  
00:16:37,810 --> 00:16:41,730  
很多时候你你你你看到乌头旁边有别的药  
  
415  
00:16:42,840 --> 00:16:44,320  
那么一般情况下呢  
  
416  
00:16:45,160 --> 00:16:46,160  
对于普通的药  
  
417  
00:16:46,160 --> 00:16:47,440  
比如说附子，干姜  
  
418  
00:16:48,000 --> 00:16:50,310  
桂枝，甘草这些药啊  
  
419  
00:16:50,830 --> 00:16:52,790  
我们给他配一个药放在旁边  
  
420  
00:16:52,790 --> 00:16:54,070  
很多时候去帮他  
  
421  
00:16:55,200 --> 00:16:56,280  
主要目的是帮他  
  
422  
00:16:56,600 --> 00:16:58,480  
但乌头其实有的时候不一样  
  
423  
00:16:58,870 --> 00:16:59,950  
你你细品啊  
  
424  
00:17:00,430 --> 00:17:01,910  
乌头你用别的药配进去  
  
425  
00:17:01,910 --> 00:17:03,790  
很多时候是要制衡它  
  
426  
00:17:04,109 --> 00:17:04,670  
明白了吗  
  
427  
00:17:04,910 --> 00:17:06,680  
就是说，就打一个比方  
  
428  
00:17:07,040 --> 00:17:08,800  
就是对于别人家孩子来说  
  
429  
00:17:09,790 --> 00:17:12,710  
这个打一比方，你可能他干这个事  
  
430  
00:17:13,460 --> 00:17:18,099  
你是告诉他你你你你这事我需要几个人帮你一起干  
  
431  
00:17:18,810 --> 00:17:20,369  
对于你们家孩子就不是啊  
  
432  
00:17:20,410 --> 00:17:22,650  
很有可能你告诉他你就嘱咐他  
  
433  
00:17:22,690 --> 00:17:24,410  
你这事你就搂着点就行了  
  
434  
00:17:24,810 --> 00:17:25,930  
明白我啥意思了，没有  
  
435  
00:17:26,329 --> 00:17:29,790  
就是这回你们家孩子，就咱打个比方  
  
436  
00:17:29,790 --> 00:17:31,750  
这个乌头就这个道理  
  
437  
00:17:31,990 --> 00:17:37,160  
他的力量你已经不需要再给他加做加法了啊  
  
438  
00:17:37,720 --> 00:17:39,640  
你就平时就让他减法就行  
  
439  
00:17:39,800 --> 00:17:42,160  
但这个时候你就告诉他了  
  
440  
00:17:42,160 --> 00:17:45,160  
孩子，你今天随便发挥  
  
441  
00:17:46,020 --> 00:17:47,420  
我不管你了  
  
442  
00:17:48,540 --> 00:17:49,180  
无所谓了  
  
443  
00:17:49,180 --> 00:17:49,620  
为什么  
  
444  
00:17:49,620 --> 00:17:53,000  
因为这种含现在已经是到了一个极限了  
  
445  
00:17:53,000 --> 00:17:53,760  
是不是这个道理  
  
446  
00:17:54,160 --> 00:17:56,160  
所以对乌头就是放开手脚  
  
447  
00:17:56,440 --> 00:17:58,160  
这个叫大乌头剪明白了吧  
  
448  
00:17:58,760 --> 00:18:01,720  
并不是说他剂量有多大，或者说它怎么样  
  
449  
00:18:02,200 --> 00:18:04,160  
当然在这一过程之中呢  
  
450  
00:18:04,200 --> 00:18:05,800  
其实还是有一个用法的  
  
451  
00:18:05,800 --> 00:18:07,000  
也就是蜜煎  
  
452  
00:18:07,550 --> 00:18:09,670  
呃，这个方法我到现在都用啊  
  
453  
00:18:09,670 --> 00:18:11,990  
就是我平时开乌头记的时候一定要用蜜煎  
  
454  
00:18:12,630 --> 00:18:13,950  
呃，你看他怎么煎啊  
  
455  
00:18:14,970 --> 00:18:17,890  
3L水煮乌头看见了吧  
  
456  
00:18:18,650 --> 00:18:20,530  
煮到一升之后  
  
457  
00:18:21,610 --> 00:18:22,690  
把水煮到一升吧  
  
458  
00:18:22,930 --> 00:18:23,730  
然后怎么办啊  
  
459  
00:18:24,070 --> 00:18:26,190  
把乌头去掉五枚乌头啊  
  
460  
00:18:26,190 --> 00:18:29,150  
而且用大者叫叫熬去皮  
  
461  
00:18:29,190 --> 00:18:30,550  
这个熬指的是炒啊  
  
462  
00:18:30,910 --> 00:18:32,870  
汉代的人说的熬就是炒  
  
463  
00:18:33,550 --> 00:18:34,950  
那么汉代人说的奸  
  
464  
00:18:35,910 --> 00:18:38,640  
就是我们今天说的主，明白了吧  
  
465  
00:18:38,840 --> 00:18:41,520  
因此我们今天还经常说煎汤药，煎汤药  
  
466  
00:18:42,040 --> 00:18:44,320  
这个其实是汉代人的语序啊  
  
467  
00:18:44,360 --> 00:18:45,400  
就是传下来的  
  
468  
00:18:45,730 --> 00:18:48,610  
所以这个熬指的是直接去用火呀  
  
469  
00:18:48,650 --> 00:18:50,770  
在瓦片上去备这个乌头  
  
470  
00:18:51,090 --> 00:18:52,170  
把它的皮备掉  
  
471  
00:18:52,330 --> 00:18:53,370  
其实就是制乌头嘛  
  
472  
00:18:53,730 --> 00:18:54,290  
没错吧  
  
473  
00:18:54,620 --> 00:18:56,980  
然后这五枚乌头3L水煮，煮到一升  
  
474  
00:18:57,380 --> 00:18:58,460  
去掉它的药渣  
  
475  
00:18:58,460 --> 00:18:59,300  
把乌头去掉  
  
476  
00:18:59,540 --> 00:19:01,530  
加上蜜2L的密  
  
477  
00:19:01,810 --> 00:19:04,850  
再煎最后煎楚到2L啊  
  
478  
00:19:04,890 --> 00:19:08,330  
之后那个强人服七个弱人服五格啊  
  
479  
00:19:08,330 --> 00:19:11,820  
一点点喝不拆的话明日更福  
  
480  
00:19:13,090 --> 00:19:14,570  
叫告诉你不可一日再佛  
  
481  
00:19:14,570 --> 00:19:16,090  
再佛的话有毒性是不是  
  
482  
00:19:16,330 --> 00:19:17,170  
哎，大乌头碱  
  
483  
00:19:17,610 --> 00:19:19,290  
那么这个治的就是中焦  
  
484  
00:19:20,540 --> 00:19:22,980  
这个所谓的韩愈之象啊  
  
485  
00:19:23,020 --> 00:19:23,860  
造成了痛症  
  
486  
00:19:24,220 --> 00:19:28,220  
那么患到今天，临床上多发于小肠疝气、肠梗阻等等疾病  
  
487  
00:19:28,610 --> 00:19:30,090  
呃，临床中能用得上啊  
  
488  
00:19:30,330 --> 00:19:31,050  
能用得上  
  
489  
00:19:31,650 --> 00:19:33,200  
呃，有一回啊  
  
490  
00:19:33,200 --> 00:19:35,120  
我有一个患者  
  
491  
00:19:35,920 --> 00:19:38,320  
中午我不知道你们那回在不在屋啊  
  
492  
00:19:38,760 --> 00:19:41,120  
我那个马上下班了啊  
  
493  
00:19:41,360 --> 00:19:43,600  
都得有34年前的事了吧  
  
494  
00:19:43,720 --> 00:19:45,430  
大概是，呃  
  
495  
00:19:45,990 --> 00:19:49,150  
刚要走一个患者火火急火燎啊  
  
496  
00:19:49,190 --> 00:19:51,110  
抱着他家小孩到屋来  
  
497  
00:19:51,110 --> 00:19:52,790  
哎，我一看这脸都是青的  
  
498  
00:19:53,440 --> 00:19:54,520  
那么这个脸都是青  
  
499  
00:19:54,520 --> 00:19:56,040  
说明有寒痛，对不对啊  
  
500  
00:19:56,560 --> 00:19:58,200  
我说你挂号了吗  
  
501  
00:19:58,200 --> 00:19:59,540  
他说没有，呃  
  
502  
00:19:59,580 --> 00:20:02,540  
因为那个时候咱们就是也是像现在一样啊  
  
503  
00:20:02,540 --> 00:20:04,020  
就是门诊，门诊提前约嘛  
  
504  
00:20:04,020 --> 00:20:04,340  
对吧  
  
505  
00:20:04,780 --> 00:20:07,380  
呃，我是从话说那个  
  
506  
00:20:09,180 --> 00:20:11,980  
呃，2011年啊  
  
507  
00:20:12,460 --> 00:20:14,540  
元月到的咱们传统诊疗医院  
  
508  
00:20:15,090 --> 00:20:15,290  
呃  
  
509  
00:20:15,730 --> 00:20:17,490  
当时刚刚考研结束啊  
  
510  
00:20:17,490 --> 00:20:20,410  
那时候还是患者都遣散了零患者啊  
  
511  
00:20:20,930 --> 00:20:24,340  
之后三个月开始就就就限号啊，呃  
  
512  
00:20:25,180 --> 00:20:26,380  
因为真看不动啊  
  
513  
00:20:26,380 --> 00:20:27,540  
真看不动啊  
  
514  
00:20:27,540 --> 00:20:28,940  
一直到今天啊  
  
515  
00:20:29,020 --> 00:20:29,700  
越陷越少  
  
516  
00:20:29,740 --> 00:20:31,530  
一开始还限50人啊  
  
517  
00:20:31,530 --> 00:20:33,690  
现在就是县县40人啊  
  
518  
00:20:33,770 --> 00:20:36,930  
号称县40人，这个能不能号称的了呢  
  
519  
00:20:36,930 --> 00:20:40,580  
那这玩意有时候在不好弄啊，不好弄  
  
520  
00:20:41,260 --> 00:20:41,660  
呃  
  
521  
00:20:43,100 --> 00:20:43,540  
这个  
  
522  
00:20:44,470 --> 00:20:46,350  
但是有的时候你你说句实话  
  
523  
00:20:46,670 --> 00:20:48,190  
我的患者都是那样的  
  
524  
00:20:48,590 --> 00:20:49,430  
我挺感动的  
  
525  
00:20:49,430 --> 00:20:52,560  
有的时候咱心里也不落人一来啊  
  
526  
00:20:52,560 --> 00:20:54,040  
尤其有的癌症患者说大夫  
  
527  
00:20:54,040 --> 00:20:56,450  
我已经三周或者一个月对吧  
  
528  
00:20:56,530 --> 00:20:58,130  
没挂上好了很多那种情况  
  
529  
00:20:58,530 --> 00:21:00,650  
包括有的时候患者一来呃  
  
530  
00:21:02,070 --> 00:21:02,790  
外地来的  
  
531  
00:21:02,790 --> 00:21:06,310  
外地来了之后手里拿一个瓶子  
  
532  
00:21:07,510 --> 00:21:09,950  
胸水的那个管直接插到瓶子里  
  
533  
00:21:10,990 --> 00:21:14,990  
大夫，这是我火车票从河北或者从哪来的就说这事  
  
534  
00:21:15,610 --> 00:21:17,490  
呃，我知道您不容易  
  
535  
00:21:18,410 --> 00:21:21,090  
能加就加，加不上我现在就走  
  
536  
00:21:22,060 --> 00:21:23,300  
呃，那你说你咋整  
  
537  
00:21:23,700 --> 00:21:25,180  
咱们我也不认识是吧  
  
538  
00:21:25,180 --> 00:21:27,420  
那那那那有的时候将心比心  
  
539  
00:21:27,420 --> 00:21:29,020  
咱学医发心是为什么呀  
  
540  
00:21:29,020 --> 00:21:29,900  
也是帮助人  
  
541  
00:21:30,500 --> 00:21:32,620  
呃，就是疫情那时候啊  
  
542  
00:21:32,980 --> 00:21:35,420  
好多门诊当时我们都都都门诊  
  
543  
00:21:35,420 --> 00:21:37,100  
都好多门诊也关了  
  
544  
00:21:37,100 --> 00:21:37,820  
有一有一回  
  
545  
00:21:38,220 --> 00:21:39,900  
而五一吧正好是假期  
  
546  
00:21:40,220 --> 00:21:42,940  
那么那个时候其实压压根是不应该有患者了  
  
547  
00:21:42,940 --> 00:21:47,740  
而且还是疫情期间特别特就但凡有病有点啥大事啊  
  
548  
00:21:47,780 --> 00:21:49,500  
咱都不出门了啊  
  
549  
00:21:49,500 --> 00:21:50,620  
就就就说这个情况  
  
550  
00:21:51,180 --> 00:21:51,460  
呃  
  
551  
00:21:52,790 --> 00:21:53,230  
那天  
  
552  
00:21:55,560 --> 00:21:57,720  
整个儿挂号挂了将近80人吧  
  
553  
00:21:58,000 --> 00:21:59,500  
说这个事儿，呃  
  
554  
00:21:59,620 --> 00:22:01,180  
绝大多数我都不认识啊  
  
555  
00:22:01,500 --> 00:22:03,020  
而且前提是啥呢  
  
556  
00:22:03,420 --> 00:22:06,300  
就当天有一个患者把外地火车票都亮出来了  
  
557  
00:22:06,680 --> 00:22:07,680  
我都给撵走了  
  
558  
00:22:07,680 --> 00:22:10,080  
就这种情况下挂了将近80人啊  
  
559  
00:22:10,400 --> 00:22:12,430  
那么咱说白了，呃  
  
560  
00:22:12,430 --> 00:22:13,510  
不是冲别的啊  
  
561  
00:22:13,510 --> 00:22:15,630  
有的时候因为这事儿也得罪人  
  
562  
00:22:15,630 --> 00:22:18,790  
有的朋友跟我说说说家里朋友或者怎么样啊  
  
563  
00:22:18,790 --> 00:22:20,670  
说我都劝走了  
  
564  
00:22:20,670 --> 00:22:22,190  
我说你别来了  
  
565  
00:22:22,230 --> 00:22:22,750  
别来了  
  
566  
00:22:23,110 --> 00:22:23,470  
呃  
  
567  
00:22:23,670 --> 00:22:25,190  
劝到别人那，呃  
  
568  
00:22:25,310 --> 00:22:27,950  
有的时候我朋友也说我说你你你真是有病  
  
569  
00:22:28,430 --> 00:22:32,300  
有好多这个在他看来可能是很有用的人啊  
  
570  
00:22:32,300 --> 00:22:34,740  
想找你贾浩很有用的人啊  
  
571  
00:22:34,860 --> 00:22:38,540  
真贾老师你都不加，生生的卷走了  
  
572  
00:22:39,090 --> 00:22:40,210  
结果加不加呢  
  
573  
00:22:40,610 --> 00:22:41,650  
人家以为你不加好  
  
574  
00:22:41,770 --> 00:22:41,970  
哎  
  
575  
00:22:42,410 --> 00:22:48,080  
加加好几十加的都是一些用我朋友话说没用的人  
  
576  
00:22:49,450 --> 00:22:50,610  
咱说这个道理啊  
  
577  
00:22:50,930 --> 00:22:52,370  
我也不认识你是谁是吧  
  
578  
00:22:52,690 --> 00:22:54,810  
那最后哼一看  
  
579  
00:22:55,860 --> 00:22:58,140  
我学生劝我，有时候一整出诊老师  
  
580  
00:22:58,140 --> 00:22:59,460  
今天你真差不多了  
  
581  
00:23:00,140 --> 00:23:01,180  
我说我也知道  
  
582  
00:23:01,540 --> 00:23:05,080  
然后然后最后那患者一来  
  
583  
00:23:06,250 --> 00:23:06,770  
放这吧  
  
584  
00:23:06,770 --> 00:23:09,250  
哈哈哈，本撂着吧  
  
585  
00:23:09,250 --> 00:23:10,570  
有时候这这东西没办法  
  
586  
00:23:10,570 --> 00:23:11,650  
所以我的心愿啊  
  
587  
00:23:11,970 --> 00:23:14,210  
就是我出诊出到70岁，我就不干了  
  
588  
00:23:14,560 --> 00:23:16,280  
我，我真这么想的  
  
589  
00:23:16,280 --> 00:23:17,440  
我70岁我就不干了  
  
590  
00:23:17,960 --> 00:23:19,360  
呃，70岁之后呢  
  
591  
00:23:19,360 --> 00:23:20,600  
我去开一家武馆  
  
592  
00:23:21,680 --> 00:23:23,560  
去教太极拳啊  
  
593  
00:23:23,680 --> 00:23:25,920  
但是啊，我不干我是有前提的  
  
594  
00:23:26,330 --> 00:23:30,490  
那个时候肯定我的弟子门人和学生们肯定都成熟了  
  
595  
00:23:30,930 --> 00:23:32,010  
那时候呢，我没事  
  
596  
00:23:32,010 --> 00:23:34,570  
我就背着手我去溜达是吧  
  
597  
00:23:34,970 --> 00:23:35,210  
哎  
  
598  
00:23:35,210 --> 00:23:38,330  
挨个诊室推开门，我就有座多横  
  
599  
00:23:38,490 --> 00:23:39,970  
哈哈哈，多豪横  
  
600  
00:23:40,210 --> 00:23:42,770  
那时候也许我的学生挂号都挂不上了  
  
601  
00:23:42,770 --> 00:23:45,200  
那屋都都都都都推不开门  
  
602  
00:23:45,240 --> 00:23:45,440  
哎  
  
603  
00:23:45,440 --> 00:23:47,390  
我进去我有座，哎  
  
604  
00:23:47,390 --> 00:23:48,470  
这是我的心愿啊  
  
605  
00:23:48,510 --> 00:23:50,190  
就是你说这多好  
  
606  
00:23:50,350 --> 00:23:54,470  
我不想到70以后我我还天天拼老命啊哈  
  
607  
00:23:54,990 --> 00:23:56,030  
特别累好  
  
608  
00:23:56,030 --> 00:23:58,070  
接着接着说这个事啊，就那天来个人  
  
609  
00:23:58,190 --> 00:23:58,430  
哎  
  
610  
00:23:58,430 --> 00:23:59,550  
中午呃  
  
611  
00:24:00,000 --> 00:24:02,760  
咣当推开门，我最就是头疼  
  
612  
00:24:02,760 --> 00:24:04,640  
就这种中午一来啊  
  
613  
00:24:04,640 --> 00:24:05,320  
有的时候他  
  
614  
00:24:06,340 --> 00:24:08,260  
他一看你快下班了，我也看完了  
  
615  
00:24:08,300 --> 00:24:09,820  
但那时候咱是真累啊  
  
616  
00:24:10,220 --> 00:24:14,180  
然后患者说说说大夫我，我家孩子急腹症  
  
617  
00:24:15,140 --> 00:24:17,100  
哎，我说那这个情况我得看看啊  
  
618  
00:24:17,100 --> 00:24:19,940  
那这个你你不能耽搁人家了，我说你咋回事啊  
  
619  
00:24:20,190 --> 00:24:21,190  
说从医大来的  
  
620  
00:24:21,190 --> 00:24:23,150  
因为吉大医院到咱们这也不远嘛，对吧  
  
621  
00:24:23,150 --> 00:24:25,190  
一脚油就过来了，呃  
  
622  
00:24:26,550 --> 00:24:27,870  
我说你啥情况啊  
  
623  
00:24:28,350 --> 00:24:29,110  
他说是这样  
  
624  
00:24:29,110 --> 00:24:30,790  
我家孩子吧，吵吵肚子疼  
  
625  
00:24:31,710 --> 00:24:35,280  
小孩大概334岁吧，那样啊  
  
626  
00:24:35,360 --> 00:24:38,000  
抱着肚子疼之后呢  
  
627  
00:24:39,070 --> 00:24:41,150  
我们两口子大周末是吧  
  
628  
00:24:41,150 --> 00:24:42,790  
我那天正好周六出诊  
  
629  
00:24:42,790 --> 00:24:44,070  
那天说我们两口子  
  
630  
00:24:44,070 --> 00:24:46,310  
本来想带他出去去公园玩  
  
631  
00:24:46,390 --> 00:24:47,750  
就一下吵着肚子疼  
  
632  
00:24:47,750 --> 00:24:50,030  
那年正好也跟现在差不多，是个哎  
  
633  
00:24:50,030 --> 00:24:52,680  
不是不是没现在，没现在冷  
  
634  
00:24:52,960 --> 00:24:54,200  
深秋到冬天吧  
  
635  
00:24:54,400 --> 00:24:56,370  
那会儿，呃  
  
636  
00:24:57,210 --> 00:24:59,730  
赶紧去检查吧，到吉大医院  
  
637  
00:25:00,470 --> 00:25:03,830  
大夫直接就给开个片子进去，一拍片傻了  
  
638  
00:25:04,790 --> 00:25:06,950  
小肠疝气发作急腹症  
  
639  
00:25:07,700 --> 00:25:09,580  
他俩以前也不知道有这病，啊是吧  
  
640  
00:25:09,900 --> 00:25:10,860  
不知道有这病啊  
  
641  
00:25:11,300 --> 00:25:13,880  
之后说那咋办啊  
  
642  
00:25:13,880 --> 00:25:16,960  
俩人就懵登了，说大夫那马上进手术室吧  
  
643  
00:25:16,960 --> 00:25:17,720  
那还想啥呀  
  
644  
00:25:18,320 --> 00:25:20,110  
开单子开好了  
  
645  
00:25:20,350 --> 00:25:22,480  
俩人排队，这个呀  
  
646  
00:25:22,720 --> 00:25:24,240  
我一讲都跟故事似的  
  
647  
00:25:24,240 --> 00:25:25,840  
这就是我们诊室的真事  
  
648  
00:25:26,440 --> 00:25:27,600  
俩人排队的时候呢  
  
649  
00:25:28,200 --> 00:25:29,040  
排着排着  
  
650  
00:25:29,440 --> 00:25:30,200  
哎，不对  
  
651  
00:25:31,770 --> 00:25:34,770  
她老公一拍他媳妇，媳妇  
  
652  
00:25:34,770 --> 00:25:37,050  
哎哎哎，今天周六  
  
653  
00:25:37,980 --> 00:25:39,380  
张老师门诊快去  
  
654  
00:25:39,900 --> 00:25:42,660  
然后抱着小孩，直接钱也不交了  
  
655  
00:25:42,660 --> 00:25:44,380  
直接到门诊来了  
  
656  
00:25:44,380 --> 00:25:46,460  
咱这这一讲就跟故事似的  
  
657  
00:25:46,900 --> 00:25:48,180  
哎呀妈呀，我一听这故事  
  
658  
00:25:48,180 --> 00:25:49,140  
我说我脑袋都疼  
  
659  
00:25:49,460 --> 00:25:51,700  
我说急腹症，该手术就手术吧  
  
660  
00:25:51,700 --> 00:25:52,540  
我说这不像  
  
661  
00:25:52,540 --> 00:25:54,040  
说，咱打比方  
  
662  
00:25:54,040 --> 00:25:56,040  
你你你你说我老寒腿，对吧  
  
663  
00:25:56,280 --> 00:25:57,680  
或者说怎么样啊  
  
664  
00:25:57,680 --> 00:26:00,680  
哪怕他是肿瘤，咱们咱们就说这个  
  
665  
00:26:01,040 --> 00:26:01,720  
呃  
  
666  
00:26:02,170 --> 00:26:02,970  
你这就是  
  
667  
00:26:03,170 --> 00:26:05,250  
而且人家单子都开完了一大  
  
668  
00:26:05,250 --> 00:26:06,930  
那么不好停车你知道吗  
  
669  
00:26:07,520 --> 00:26:09,480  
吉大医院停车都得挺费劲的  
  
670  
00:26:10,000 --> 00:26:11,400  
那但是反过来说呀  
  
671  
00:26:11,960 --> 00:26:13,680  
患者对咱们这种信任  
  
672  
00:26:14,000 --> 00:26:15,680  
你想想是不是这个咱们  
  
673  
00:26:16,310 --> 00:26:20,590  
那你怎么敢不好好的这个沉前荆棘  
  
674  
00:26:21,460 --> 00:26:22,860  
好好的去去去去  
  
675  
00:26:22,980 --> 00:26:25,380  
踏踏实实做经典，做临床老百姓  
  
676  
00:26:25,420 --> 00:26:27,060  
这叫什么性命相托  
  
677  
00:26:27,700 --> 00:26:28,220  
懂啥意思  
  
678  
00:26:28,220 --> 00:26:30,850  
没有吉大医院，单子都开完了  
  
679  
00:26:30,850 --> 00:26:32,050  
马上就交款了  
  
680  
00:26:32,670 --> 00:26:35,710  
交完款就直接推着床就进手术室了  
  
681  
00:26:35,710 --> 00:26:40,330  
这种前提下人家最后都能相信你的中医回来  
  
682  
00:26:40,730 --> 00:26:42,530  
然后当时哎你们当时谁在场  
  
683  
00:26:44,610 --> 00:26:48,010  
你们没赶上那批，是不是当时应该是你们那个李阳学姐  
  
684  
00:26:48,090 --> 00:26:49,610  
哎，紫琪那时候没在  
  
685  
00:26:49,610 --> 00:26:53,380  
是不是啊，你你你那时候没在啊  
  
686  
00:26:54,020 --> 00:26:56,140  
但是应该李昂他们那那那波啊  
  
687  
00:26:56,580 --> 00:26:57,340  
在的时候  
  
688  
00:26:57,740 --> 00:27:01,860  
少菲他们他们那波在的时候毕业都都都好好几年了  
  
689  
00:27:02,220 --> 00:27:02,700  
之后  
  
690  
00:27:03,690 --> 00:27:05,370  
这个，呃  
  
691  
00:27:06,660 --> 00:27:07,340  
我说行吧  
  
692  
00:27:07,340 --> 00:27:08,740  
我说这个就一张方  
  
693  
00:27:09,140 --> 00:27:12,460  
这个汤证你们看好了老祖宗的玩意  
  
694  
00:27:12,820 --> 00:27:14,420  
这个叫大乌头奸  
  
695  
00:27:15,150 --> 00:27:17,110  
平时这个方子用不上，知道吧  
  
696  
00:27:17,510 --> 00:27:17,670  
哎  
  
697  
00:27:17,670 --> 00:27:18,270  
我就告诉他们  
  
698  
00:27:18,270 --> 00:27:19,670  
我说这个叫大乌头煎  
  
699  
00:27:20,180 --> 00:27:21,860  
如此这般，这般如此怎么做  
  
700  
00:27:22,180 --> 00:27:25,980  
我不可能是五眉无头，那小孩受不了啊  
  
701  
00:27:26,380 --> 00:27:30,350  
三四岁一点点加小孩3克就够了啊  
  
702  
00:27:30,550 --> 00:27:33,470  
3克就够了，就3克乌头不够咋办  
  
703  
00:27:33,470 --> 00:27:34,270  
再加量呗  
  
704  
00:27:35,250 --> 00:27:35,810  
明白了吧  
  
705  
00:27:35,890 --> 00:27:39,410  
你不用一下给它顶到那么大量，呃  
  
706  
00:27:40,770 --> 00:27:42,890  
这个不用着急  
  
707  
00:27:43,330 --> 00:27:47,050  
量不够再往上加，只有啥样的大夫着急  
  
708  
00:27:47,050 --> 00:27:49,290  
我跟你讲一般都是愣头青  
  
709  
00:27:50,590 --> 00:27:51,070  
知道吗  
  
710  
00:27:51,510 --> 00:27:51,710  
哎  
  
711  
00:27:51,710 --> 00:27:55,070  
愣头青，我经常跟我学生说一个比方  
  
712  
00:27:56,290 --> 00:27:58,290  
就像打仗，当兵的什么样  
  
713  
00:27:58,290 --> 00:28:00,370  
当兵的趴到战壕里，一听响  
  
714  
00:28:00,450 --> 00:28:02,170  
马上一梭，子弹都打出去  
  
715  
00:28:02,720 --> 00:28:04,240  
那都是新兵蛋子知道吗  
  
716  
00:28:04,840 --> 00:28:05,040  
哎  
  
717  
00:28:05,560 --> 00:28:07,680  
上去炮灰都是这样的  
  
718  
00:28:08,370 --> 00:28:10,970  
啥样是老兵，趴在那儿不动  
  
719  
00:28:11,010 --> 00:28:12,090  
你又想我也不动  
  
720  
00:28:12,810 --> 00:28:15,500  
看准了，瞄准了一枪一个  
  
721  
00:28:16,020 --> 00:28:18,020  
再瞄准了再一枪又一个  
  
722  
00:28:18,180 --> 00:28:18,860  
明白了吧  
  
723  
00:28:19,420 --> 00:28:20,140  
沉得住气  
  
724  
00:28:20,620 --> 00:28:22,300  
你一看见患者重，重  
  
725  
00:28:22,300 --> 00:28:23,380  
你上来你先慌  
  
726  
00:28:24,330 --> 00:28:25,090  
那就坏了  
  
727  
00:28:25,570 --> 00:28:27,250  
重你也得沉得住气  
  
728  
00:28:27,730 --> 00:28:28,330  
明白了吧  
  
729  
00:28:28,610 --> 00:28:28,810  
哎  
  
730  
00:28:28,970 --> 00:28:30,170  
重，你也得沉得住气  
  
731  
00:28:30,490 --> 00:28:31,650  
沉得住气怎么办  
  
732  
00:28:32,170 --> 00:28:34,610  
把事情看清楚，下药别急  
  
733  
00:28:34,930 --> 00:28:38,220  
但是反过来，你经历了这些事之后  
  
734  
00:28:38,500 --> 00:28:41,220  
我们说有没有，这个时候一上来就是大量有  
  
735  
00:28:41,980 --> 00:28:43,500  
你真正经历多了  
  
736  
00:28:44,600 --> 00:28:46,200  
你会对有一些特殊疾病  
  
737  
00:28:46,400 --> 00:28:49,440  
急症，重症大病有敏感  
  
738  
00:28:49,940 --> 00:28:52,250  
上来的时候你就知道这个量啊  
  
739  
00:28:52,250 --> 00:28:53,370  
你有深浅了是吧  
  
740  
00:28:53,530 --> 00:28:54,410  
咱们总这么弄  
  
741  
00:28:54,690 --> 00:28:56,770  
那个时候才能重计起神科  
  
742  
00:28:57,090 --> 00:28:59,840  
所以你别看一案上写说怎么怎么样  
  
743  
00:28:59,920 --> 00:29:01,400  
哎，你也200克300克  
  
744  
00:29:01,590 --> 00:29:04,270  
人家那个是行家里手，是老手  
  
745  
00:29:04,470 --> 00:29:05,590  
已经磨砺出来了  
  
746  
00:29:05,790 --> 00:29:09,760  
他也是经历过三刻30刻，90克  
  
747  
00:29:09,800 --> 00:29:10,320  
100克  
  
748  
00:29:11,280 --> 00:29:12,120  
明白这个道理  
  
749  
00:29:12,240 --> 00:29:13,560  
他是从3克起来的  
  
750  
00:29:14,040 --> 00:29:17,280  
所以怎么去学怎么去用，这是两回事  
  
751  
00:29:18,140 --> 00:29:19,460  
学和用是两回事  
  
752  
00:29:19,500 --> 00:29:21,060  
用你是看别人那么用  
  
753  
00:29:21,300 --> 00:29:23,420  
人家也是从三课用出来的啊  
  
754  
00:29:23,460 --> 00:29:24,460  
就说这个道理  
  
755  
00:29:25,430 --> 00:29:27,390  
有3克效果挺好  
  
756  
00:29:27,750 --> 00:29:30,310  
你下课下次6克你就敢试了吧  
  
757  
00:29:31,510 --> 00:29:35,270  
六次没毒坏，你下次9克是不是敢照量照量啊  
  
758  
00:29:36,070 --> 00:29:36,590  
没错吧  
  
759  
00:29:37,110 --> 00:29:40,150  
9克好使，是不是后头就有12有15啊  
  
760  
00:29:41,200 --> 00:29:42,240  
都是这么来的啊  
  
761  
00:29:42,360 --> 00:29:43,560  
都这么一点点来的啊  
  
762  
00:29:44,360 --> 00:29:46,360  
所以你这么用还就没事啊  
  
763  
00:29:46,360 --> 00:29:47,280  
咱们说的这个道理  
  
764  
00:29:47,600 --> 00:29:51,290  
但你不能一上来跨15课一下把人整过去了啊  
  
765  
00:29:51,370 --> 00:29:54,330  
那那因，因为我就说这事我也都干过啊  
  
766  
00:29:54,490 --> 00:29:56,850  
这跟你们也也也没什么啊  
  
767  
00:29:56,850 --> 00:29:58,170  
咱们坦白，呃  
  
768  
00:29:58,250 --> 00:30:01,010  
各种药物的中毒对不对啊  
  
769  
00:30:01,010 --> 00:30:03,640  
那我都经历过马前子中毒啊  
  
770  
00:30:03,640 --> 00:30:06,080  
那咱们陈大夫，那你你是最知道啊  
  
771  
00:30:06,400 --> 00:30:08,540  
那那那当时我也是，呃  
  
772  
00:30:08,540 --> 00:30:09,420  
万念俱灰啊  
  
773  
00:30:09,420 --> 00:30:10,420  
那都经历过啊  
  
774  
00:30:10,820 --> 00:30:14,510  
那包括这个附子生附子乌头就等等吧  
  
775  
00:30:14,790 --> 00:30:14,990  
哎  
  
776  
00:30:14,990 --> 00:30:17,750  
那个附子乌头我还真少一些啊  
  
777  
00:30:17,750 --> 00:30:19,350  
有过但是不太严重啊  
  
778  
00:30:19,820 --> 00:30:20,700  
呃，别的  
  
779  
00:30:21,340 --> 00:30:23,540  
那那那就有机会再给你们讲吧  
  
780  
00:30:23,900 --> 00:30:25,220  
那么都是经历过的啊  
  
781  
00:30:25,220 --> 00:30:26,340  
都是经历过的  
  
782  
00:30:27,310 --> 00:30:28,270  
包括大戟干碎  
  
783  
00:30:28,270 --> 00:30:30,590  
这是我最常用的，这个中毒的  
  
784  
00:30:30,750 --> 00:30:31,710  
也也经历过  
  
785  
00:30:31,910 --> 00:30:32,510  
都知道  
  
786  
00:30:33,950 --> 00:30:34,150  
呃  
  
787  
00:30:34,470 --> 00:30:35,910  
巴豆反倒一般还没事  
  
788  
00:30:35,910 --> 00:30:38,710  
巴豆都拉出去了，是这个道理啊  
  
789  
00:30:39,130 --> 00:30:39,250  
但  
  
790  
00:30:39,250 --> 00:30:41,850  
是巴豆，弄不好是直接死人知道吗  
  
791  
00:30:41,890 --> 00:30:42,850  
巴豆，所以我告诉你们  
  
792  
00:30:42,850 --> 00:30:44,490  
用的时候你你你是要慎重  
  
793  
00:30:44,730 --> 00:30:45,850  
一定要看好他的脉  
  
794  
00:30:45,970 --> 00:30:47,370  
尤其两尺麦有没有根  
  
795  
00:30:47,670 --> 00:30:48,110  
是不是啊  
  
796  
00:30:48,110 --> 00:30:48,870  
你尺脉无根  
  
797  
00:30:48,870 --> 00:30:51,430  
你上去愣头青直接就脱水  
  
798  
00:30:51,430 --> 00:30:52,910  
人就直接就没机会了啊  
  
799  
00:30:52,950 --> 00:30:54,150  
那个时候就没机会了  
  
800  
00:30:54,450 --> 00:30:56,650  
我不出事是因为我，我胆儿小  
  
801  
00:30:58,130 --> 00:30:59,450  
小心驶得万年船  
  
802  
00:30:59,530 --> 00:31:00,410  
记住这个事啊  
  
803  
00:31:00,770 --> 00:31:04,570  
小心驶得万年船，你胆子小一点不丢人啊  
  
804  
00:31:04,930 --> 00:31:05,610  
不丢人  
  
805  
00:31:06,550 --> 00:31:09,230  
那么这个呃，小孩用完之后效果很好啊  
  
806  
00:31:09,230 --> 00:31:10,700  
就这个原方，呃  
  
807  
00:31:10,780 --> 00:31:11,940  
后来就搞定了  
  
808  
00:31:12,020 --> 00:31:13,700  
后来吃了一段时间汤药  
  
809  
00:31:13,940 --> 00:31:15,660  
到现在呢，就一直没手术  
  
810  
00:31:16,150 --> 00:31:17,190  
到现在彻底好了  
  
811  
00:31:17,190 --> 00:31:20,870  
这几年没有联系，没联系对我来说就是好消息啊  
  
812  
00:31:21,150 --> 00:31:23,710  
我的患者老，尤其这种老患者啊  
  
813  
00:31:24,390 --> 00:31:26,710  
他要真有啥事，他还是得来找我啊  
  
814  
00:31:27,030 --> 00:31:28,790  
我钻地缝里他都给我抠出来  
  
815  
00:31:28,790 --> 00:31:31,430  
我跟你讲没联系就是好消息啊  
  
816  
00:31:32,380 --> 00:31:34,580  
那么这个呃，这就是乌头煎  
  
817  
00:31:34,820 --> 00:31:36,660  
它是一个急腹症，好  
  
818  
00:31:36,660 --> 00:31:37,540  
我们看后头啊  
  
819  
00:31:38,340 --> 00:31:41,220  
当归生姜羊肉汤这  
  
820  
00:31:41,220 --> 00:31:41,700  
个方  
  
821  
00:31:42,780 --> 00:31:42,980  
呃  
  
822  
00:31:43,300 --> 00:31:44,340  
他治的是啥呢  
  
823  
00:31:44,500 --> 00:31:49,130  
寒疝腹中痛及胁痛里急腹中痛，当然还是脾寒  
  
824  
00:31:49,170 --> 00:31:49,690  
对不对啊  
  
825  
00:31:50,130 --> 00:31:51,450  
胁痛里脊说的是谁呢  
  
826  
00:31:51,450 --> 00:31:51,970  
说的是肝  
  
827  
00:31:52,490 --> 00:31:54,290  
但是这个你记住，它不是肝郁  
  
828  
00:31:55,120 --> 00:31:57,120  
肝血不足，也胁痛  
  
829  
00:31:57,280 --> 00:31:57,840  
明白了吧  
  
830  
00:31:58,360 --> 00:32:00,520  
肝血不足，他说的其实就是一肝血寒  
  
831  
00:32:00,800 --> 00:32:03,160  
这个在临床中我的应用眼目非常简单  
  
832  
00:32:03,640 --> 00:32:05,410  
那就一大脉，哎  
  
833  
00:32:05,570 --> 00:32:06,770  
肝脉空空如也  
  
834  
00:32:07,210 --> 00:32:08,450  
整个人还是一个寒向  
  
835  
00:32:08,450 --> 00:32:09,690  
它必然是这种疼痛  
  
836  
00:32:10,110 --> 00:32:10,310  
呃  
  
837  
00:32:10,430 --> 00:32:12,550  
就在前不久，这个医案你们看见了吧  
  
838  
00:32:12,950 --> 00:32:13,830  
有一个女患，哎  
  
839  
00:32:13,830 --> 00:32:14,950  
好几个人都看见了  
  
840  
00:32:15,070 --> 00:32:16,310  
有一女患，两口子  
  
841  
00:32:16,310 --> 00:32:18,750  
是不是到咱诊室一来，我一大卖  
  
842  
00:32:19,330 --> 00:32:20,050  
搭了半天  
  
843  
00:32:21,120 --> 00:32:22,040  
搭完之后我跟他说  
  
844  
00:32:22,040 --> 00:32:23,280  
我说呀  
  
845  
00:32:23,400 --> 00:32:24,560  
你回家非常简单  
  
846  
00:32:24,560 --> 00:32:25,160  
这周啊  
  
847  
00:32:25,480 --> 00:32:26,560  
第一次来是不是啊  
  
848  
00:32:26,760 --> 00:32:28,280  
我说你是不是要治肚子疼  
  
849  
00:32:29,090 --> 00:32:29,730  
有这事吧  
  
850  
00:32:30,090 --> 00:32:31,050  
两口子点头啊  
  
851  
00:32:31,050 --> 00:32:33,130  
说就是治这个咬哪儿治啊  
  
852  
00:32:33,170 --> 00:32:33,810  
就这么一个病  
  
853  
00:32:33,810 --> 00:32:34,850  
我说你这不是大病  
  
854  
00:32:35,530 --> 00:32:36,810  
这个方非常简单  
  
855  
00:32:37,470 --> 00:32:38,710  
我给你开好药  
  
856  
00:32:39,110 --> 00:32:42,630  
当归、当归，当归之后呢  
  
857  
00:32:43,780 --> 00:32:45,460  
那个切八片羊肉  
  
858  
00:32:46,500 --> 00:32:47,860  
再切三片生姜  
  
859  
00:32:48,540 --> 00:32:50,460  
为啥天三生木地八成汁啊  
  
860  
00:32:50,460 --> 00:32:51,820  
我是这么想的  
  
861  
00:32:51,860 --> 00:32:54,740  
然后然后那个那个切得了，放进去  
  
862  
00:32:55,100 --> 00:32:55,340  
哎  
  
863  
00:32:55,380 --> 00:32:57,170  
就开了个当归大会  
  
864  
00:32:57,170 --> 00:32:58,050  
开机之后  
  
865  
00:32:58,690 --> 00:33:02,790  
呃，我们诊室那个贺大夫对这个那个记忆犹新啊  
  
866  
00:33:02,790 --> 00:33:04,230  
他总他总提起来这事  
  
867  
00:33:04,550 --> 00:33:05,990  
那个总总涮羊肉嘛  
  
868  
00:33:05,990 --> 00:33:07,830  
对吧，讲讲讲这事  
  
869  
00:33:08,190 --> 00:33:11,050  
呃哎，一周之后腹痛大缓  
  
870  
00:33:11,650 --> 00:33:13,130  
那么这个方啊，什么时候用  
  
871  
00:33:13,370 --> 00:33:16,810  
你看这患者确实是一个寒象，尼达甘脉空空  
  
872  
00:33:18,590 --> 00:33:21,070  
那个肝脉空空有两种脉气绝  
  
873  
00:33:21,070 --> 00:33:23,510  
一种是无主于正，那个是浊阴上饶  
  
874  
00:33:23,950 --> 00:33:25,710  
还有一种就是当归生姜羊肉汤  
  
875  
00:33:26,020 --> 00:33:28,060  
就这个这个是肝血寒啊  
  
876  
00:33:28,460 --> 00:33:31,100  
所以当归再加姜片  
  
877  
00:33:32,660 --> 00:33:36,330  
涮羊肉是一个特别能补补啊  
  
878  
00:33:36,410 --> 00:33:38,010  
就是说你你比如尤其是女子  
  
879  
00:33:38,530 --> 00:33:40,530  
女子总是肚子疼痛经是吧  
  
880  
00:33:41,010 --> 00:33:41,210  
哎  
  
881  
00:33:41,210 --> 00:33:41,850  
手脚凉  
  
882  
00:33:42,380 --> 00:33:45,780  
总是觉得这个包括有的时候女子做噩梦  
  
883  
00:33:45,820 --> 00:33:48,180  
睡觉容易眼着总害怕  
  
884  
00:33:49,130 --> 00:33:51,530  
就多吃当归生姜羊肉汤啊  
  
885  
00:33:52,130 --> 00:33:55,090  
就就吃涮羊肉加当归加生姜特别好啊  
  
886  
00:33:55,650 --> 00:33:57,210  
而且这个呢是有出处的  
  
887  
00:33:57,210 --> 00:33:58,170  
不是瞎说的啊  
  
888  
00:33:58,890 --> 00:34:02,650  
当年那个孙真人他就讲过一个事  
  
889  
00:34:02,930 --> 00:34:04,530  
羊肉止痛利产妇  
  
890  
00:34:04,810 --> 00:34:07,860  
这个止痛主要指的是妇女，没错吧  
  
891  
00:34:07,860 --> 00:34:10,380  
因为我们说包公人脉起于包络嘛  
  
892  
00:34:10,380 --> 00:34:10,659  
对吧  
  
893  
00:34:10,659 --> 00:34:12,659  
咱们讲那个那个那个，呃  
  
894  
00:34:12,949 --> 00:34:14,350  
人脉为病主  
  
895  
00:34:14,389 --> 00:34:16,190  
男子内结气，善女子呢  
  
896  
00:34:16,510 --> 00:34:18,270  
这个这个这个甲剧嘛  
  
897  
00:34:18,270 --> 00:34:18,550  
对吧  
  
898  
00:34:18,790 --> 00:34:20,469  
讲这个问题啊，呃  
  
899  
00:34:21,110 --> 00:34:22,270  
带下夹具  
  
900  
00:34:23,340 --> 00:34:25,780  
那么这个是能立人脉的啊呃  
  
901  
00:34:26,219 --> 00:34:28,179  
在灵枢之中呢，讲这么一句话  
  
902  
00:34:29,300 --> 00:34:30,139  
灵枢五味篇  
  
903  
00:34:31,159 --> 00:34:36,320  
牛甘犬酸猪咸羊苦鸡辛  
  
904  
00:34:38,020 --> 00:34:40,139  
就是不同的动物的味道  
  
905  
00:34:40,739 --> 00:34:42,100  
其中说到羊，羊为苦  
  
906  
00:34:42,179 --> 00:34:43,219  
苦为火味啊  
  
907  
00:34:43,840 --> 00:34:46,199  
但是阳火就能温阳，是不是  
  
908  
00:34:46,440 --> 00:34:46,639  
哎  
  
909  
00:34:46,639 --> 00:34:47,880  
能补心脉能温阳  
  
910  
00:34:48,199 --> 00:34:50,199  
同时还有一个好事  
  
911  
00:34:50,920 --> 00:34:52,840  
就是羊有一个最大的特征  
  
912  
00:34:53,480 --> 00:34:55,560  
你们知道羊肉的最大特征是什么吗  
  
913  
00:34:55,840 --> 00:34:56,080  
哎  
  
914  
00:34:56,080 --> 00:34:56,440  
很好  
  
915  
00:34:56,440 --> 00:34:57,400  
所有人都能说出来  
  
916  
00:34:57,600 --> 00:34:58,890  
山是不是这个道理  
  
917  
00:34:59,170 --> 00:35:02,450  
我们北方人知道，可能南方南方有有山这个词吗  
  
918  
00:35:02,650 --> 00:35:03,610  
福建用这词吗  
  
919  
00:35:04,130 --> 00:35:04,330  
啊  
  
920  
00:35:04,330 --> 00:35:05,250  
福建也说山  
  
921  
00:35:06,320 --> 00:35:06,600  
哦  
  
922  
00:35:06,600 --> 00:35:08,160  
那看来这个都是都是一样的啊  
  
923  
00:35:08,520 --> 00:35:10,000  
那个这个膻味儿啊  
  
924  
00:35:10,160 --> 00:35:13,040  
我们讲它不是一个很好的味道，是不是这个道理  
  
925  
00:35:13,320 --> 00:35:14,280  
但是其实呢  
  
926  
00:35:14,840 --> 00:35:19,190  
那个这个我们中医就是各有妙用  
  
927  
00:35:19,590 --> 00:35:20,950  
你看蟹白臭味  
  
928  
00:35:21,530 --> 00:35:25,410  
我们能用它升这个升提阳气，是不是啊  
  
929  
00:35:25,820 --> 00:35:27,100  
那么膻味能干什么  
  
930  
00:35:27,100 --> 00:35:29,460  
我们讲气味，清者则归于阳  
  
931  
00:35:29,620 --> 00:35:30,700  
浊者则归于阴  
  
932  
00:35:30,980 --> 00:35:33,540  
我们讲阴人脉为阴脉之海  
  
933  
00:35:34,890 --> 00:35:36,930  
大家记住没有人脉为阴脉之海  
  
934  
00:35:37,170 --> 00:35:39,490  
人脉能总任诸阴，是不是  
  
935  
00:35:39,890 --> 00:35:42,810  
那么所以说我们之前还讲过一个问题啊  
  
936  
00:35:43,410 --> 00:35:46,850  
大家应该还记得这个所谓，呃  
  
937  
00:35:48,180 --> 00:35:50,820  
这个骨气呀  
  
938  
00:35:51,700 --> 00:35:52,260  
入于胃  
  
939  
00:35:53,210 --> 00:35:54,690  
则浊气归心  
  
940  
00:35:54,770 --> 00:35:56,850  
引颈与脉，还记不记得  
  
941  
00:35:57,450 --> 00:35:57,650  
哎  
  
942  
00:35:57,930 --> 00:35:59,810  
那么浊气归心，我们这个讲啊  
  
943  
00:36:00,290 --> 00:36:04,440  
这个其膻浊之气那么正好呢  
  
944  
00:36:04,800 --> 00:36:05,520  
它归于阴  
  
945  
00:36:06,200 --> 00:36:08,640  
所以能补阴补血，补有形的东西  
  
946  
00:36:09,310 --> 00:36:11,590  
因此内经里头讲这么一句话  
  
947  
00:36:11,790 --> 00:36:13,980  
叫形不足者温之以气  
  
948  
00:36:14,020 --> 00:36:15,700  
精不足者补之以味  
  
949  
00:36:16,060 --> 00:36:18,660  
那么这个膻味膻味儿正好能补这个什么  
  
950  
00:36:18,980 --> 00:36:21,110  
补阴血，就是补阴血  
  
951  
00:36:21,710 --> 00:36:25,910  
所以当归生姜羊肉汤是生阴血效果最快的一张方啊  
  
952  
00:36:27,210 --> 00:36:27,450  
哎  
  
953  
00:36:27,450 --> 00:36:27,930  
补阴血  
  
954  
00:36:28,330 --> 00:36:33,060  
那么由于他这个补血的时候，羊肉它比较膻  
  
955  
00:36:33,260 --> 00:36:34,060  
比较浊  
  
956  
00:36:34,140 --> 00:36:34,460  
对吧  
  
957  
00:36:35,060 --> 00:36:37,700  
防止血凝往里头加生姜  
  
958  
00:36:38,530 --> 00:36:41,970  
你会发现姜是解腻的一个特别好的东西  
  
959  
00:36:42,960 --> 00:36:45,200  
是不是凡是阴气特别盛的东西  
  
960  
00:36:45,200 --> 00:36:47,790  
你用姜去解姜和芥末  
  
961  
00:36:48,030 --> 00:36:51,710  
你看日式料理，它吃刺身它都要有芥末要吃红姜  
  
962  
00:36:52,510 --> 00:36:53,350  
红为赤色  
  
963  
00:36:54,030 --> 00:36:56,750  
吃芥末，吃是本身是通羊窍  
  
964  
00:36:56,830 --> 00:36:57,150  
对吧  
  
965  
00:36:57,550 --> 00:36:57,750  
哎  
  
966  
00:36:57,790 --> 00:36:59,390  
通羊窍那吃姜  
  
967  
00:36:59,550 --> 00:37:00,830  
而且日本人吃红姜  
  
968  
00:37:01,290 --> 00:37:04,530  
红为赤色赤为火味就是宣火气之化  
  
969  
00:37:04,810 --> 00:37:06,410  
去散这个鱼泻之寒凉  
  
970  
00:37:06,690 --> 00:37:09,020  
我们中国人吃蟹也有办法  
  
971  
00:37:09,300 --> 00:37:12,050  
用黄酒用姜丝，对吧  
  
972  
00:37:12,410 --> 00:37:13,650  
切那个葱末是吧  
  
973  
00:37:14,050 --> 00:37:14,250  
哎  
  
974  
00:37:14,450 --> 00:37:15,690  
吃那个大闸蟹嘛  
  
975  
00:37:15,690 --> 00:37:16,770  
但是我不吃那东西  
  
976  
00:37:17,010 --> 00:37:19,650  
我觉得那个每每年一到送大闸蟹  
  
977  
00:37:19,650 --> 00:37:22,110  
有人给我送，我基本都放生啊  
  
978  
00:37:22,390 --> 00:37:23,470  
给他留个全尸吧  
  
979  
00:37:23,470 --> 00:37:24,390  
放了也活不了啊  
  
980  
00:37:24,390 --> 00:37:25,270  
尤其在我们北方  
  
981  
00:37:25,630 --> 00:37:28,190  
我觉得那个东西有有有有有有有点  
  
982  
00:37:28,590 --> 00:37:30,590  
就是就这个这个比较那啥吧  
  
983  
00:37:30,670 --> 00:37:35,070  
就就就就嗯但但是你你这玩意也是饮食文化  
  
984  
00:37:35,110 --> 00:37:35,750  
你没办法  
  
985  
00:37:35,910 --> 00:37:38,470  
所以每年我都是谁给我我就要，不就送人  
  
986  
00:37:38,470 --> 00:37:39,790  
要不就就就整走  
  
987  
00:37:40,430 --> 00:37:40,670  
嗯  
  
988  
00:37:40,670 --> 00:37:42,760  
就这样，太凉了啊  
  
989  
00:37:42,760 --> 00:37:44,880  
我觉得那东西太凉了，呃  
  
990  
00:37:47,620 --> 00:37:50,060  
那么用姜当归就是补肝血对吧  
  
991  
00:37:50,300 --> 00:37:50,500  
哎  
  
992  
00:37:50,500 --> 00:37:51,500  
阳归于阴之象  
  
993  
00:37:51,820 --> 00:37:53,420  
因此这个的临正眼目呢  
  
994  
00:37:53,420 --> 00:37:55,260  
一是肚子疼，二肚子疼  
  
995  
00:37:55,260 --> 00:37:56,260  
有的时候连斜下  
  
996  
00:37:56,540 --> 00:37:59,060  
你就要考虑是不是从肝血虚来的了  
  
997  
00:37:59,260 --> 00:37:59,780  
没错吧  
  
998  
00:38:00,060 --> 00:38:01,180  
哎，这是第一个问题  
  
999  
00:38:01,340 --> 00:38:03,340  
第二个问题就是左关左关脉  
  
1000  
00:38:03,340 --> 00:38:05,470  
整个一个沉辰  
  
1001  
00:38:05,470 --> 00:38:06,990  
若啊若无之象  
  
1002  
00:38:06,990 --> 00:38:10,390  
那整个一个一个虚项，注意这个就行  
  
1003  
00:38:10,980 --> 00:38:12,380  
呃，那么这个法呢  
  
1004  
00:38:12,620 --> 00:38:13,980  
其实还有一个妙用  
  
1005  
00:38:15,330 --> 00:38:17,330  
当这个肝血比较虚的时候  
  
1006  
00:38:17,770 --> 00:38:18,770  
你要温阳  
  
1007  
00:38:20,050 --> 00:38:21,290  
你能不能用  
  
1008  
00:38:21,850 --> 00:38:23,210  
打比方细心啊  
  
1009  
00:38:23,530 --> 00:38:24,770  
干将啊，父子啊  
  
1010  
00:38:25,760 --> 00:38:26,920  
不行，为啥不行  
  
1011  
00:38:27,240 --> 00:38:28,160  
我讲过这个问题  
  
1012  
00:38:28,600 --> 00:38:31,640  
有一个事叫烈火煮空称，是不是啊  
  
1013  
00:38:32,200 --> 00:38:35,600  
就是你用大火去烧这个干了的锅不能烧  
  
1014  
00:38:36,110 --> 00:38:38,310  
那么没有麦子不能空拉磨  
  
1015  
00:38:38,630 --> 00:38:39,590  
咱们说这个道理吗  
  
1016  
00:38:40,030 --> 00:38:43,070  
那么你如果没有血，温阳药要慎用  
  
1017  
00:38:43,310 --> 00:38:45,150  
临床上有很多病，我看到过的啊  
  
1018  
00:38:45,350 --> 00:38:47,150  
一看能看出来  
  
1019  
00:38:47,400 --> 00:38:50,080  
呃，当然这个就是我们从学术层面说啊  
  
1020  
00:38:50,080 --> 00:38:50,800  
这个没关系  
  
1021  
00:38:51,000 --> 00:38:52,440  
有的时候我的一些患者，哎  
  
1022  
00:38:52,440 --> 00:38:53,720  
首诊一来，我一大卖  
  
1023  
00:38:53,720 --> 00:38:53,920  
哎  
  
1024  
00:38:53,920 --> 00:38:56,300  
你之前吃过汤药啊  
  
1025  
00:38:56,780 --> 00:38:58,620  
之后大夫那患者就承认啊  
  
1026  
00:38:58,620 --> 00:38:59,860  
是吃过，呃  
  
1027  
00:38:59,940 --> 00:39:03,770  
甚至患者呢会跟我说在哪吃汤药啊  
  
1028  
00:39:03,770 --> 00:39:05,450  
或者是想把方子给我拿出来  
  
1029  
00:39:05,690 --> 00:39:07,330  
但有我的学生为证啊  
  
1030  
00:39:07,720 --> 00:39:11,600  
我从来都是会直接打断患者，患者啊呃  
  
1031  
00:39:11,960 --> 00:39:15,320  
甚至有的时候有有有有，有患者说可能会  
  
1032  
00:39:15,560 --> 00:39:17,440  
你没说他直接上来跟你吐槽  
  
1033  
00:39:17,720 --> 00:39:19,440  
这个时候我都会打断患者  
  
1034  
00:39:19,680 --> 00:39:21,160  
我直接患者跟讲这么一句话  
  
1035  
00:39:21,320 --> 00:39:21,880  
我说呀  
  
1036  
00:39:22,000 --> 00:39:24,530  
之前的大夫啊，给你调的不错啊  
  
1037  
00:39:24,650 --> 00:39:26,090  
所以呢，你现在状态呢  
  
1038  
00:39:27,210 --> 00:39:28,690  
才能有机会到我这来嘛  
  
1039  
00:39:28,770 --> 00:39:30,810  
之前给你打的底子打得很好  
  
1040  
00:39:32,570 --> 00:39:35,090  
那你你你有的患者不理解  
  
1041  
00:39:35,090 --> 00:39:36,930  
说那你你不瞪眼说瞎话吗  
  
1042  
00:39:37,570 --> 00:39:38,970  
这个我个人认为啊  
  
1043  
00:39:39,760 --> 00:39:40,960  
我们这个行业啊  
  
1044  
00:39:41,240 --> 00:39:42,400  
自古文人相轻  
  
1045  
00:39:42,520 --> 00:39:43,360  
我们艺人啊  
  
1046  
00:39:43,360 --> 00:39:47,320  
也是，你觉得互相之间争一个短长  
  
1047  
00:39:47,790 --> 00:39:49,670  
其实你往谁身上泼的脏水  
  
1048  
00:39:49,830 --> 00:39:51,390  
回头都泼在自己身上  
  
1049  
00:39:51,710 --> 00:39:53,110  
我个人是这么理解的  
  
1050  
00:39:53,310 --> 00:39:55,470  
我们这行人要是再不团结  
  
1051  
00:39:56,050 --> 00:40:01,010  
现在啊西学东渐能看中医已然不容易  
  
1052  
00:40:01,010 --> 00:40:04,290  
能坚持干这一行，那就都是我们的同道啊  
  
1053  
00:40:04,650 --> 00:40:05,090  
这样呢  
  
1054  
00:40:05,090 --> 00:40:06,170  
我们互相回护  
  
1055  
00:40:06,490 --> 00:40:08,390  
这个我觉得，呃  
  
1056  
00:40:08,550 --> 00:40:11,350  
即使算是个毛病，那我也认了啊  
  
1057  
00:40:11,390 --> 00:40:13,150  
那这个没关系，呃  
  
1058  
00:40:13,370 --> 00:40:14,290  
互相之间呢  
  
1059  
00:40:14,410 --> 00:40:15,490  
多照应一点啊  
  
1060  
00:40:15,530 --> 00:40:16,610  
不要互相拆台  
  
1061  
00:40:16,650 --> 00:40:18,450  
这是我个人的观点  
  
1062  
00:40:18,730 --> 00:40:20,770  
但是我今天仅从学术来说  
  
1063  
00:40:21,050 --> 00:40:23,970  
有很多时候患者一来你看脉血不足  
  
1064  
00:40:24,050 --> 00:40:27,720  
里头有一种不太一样的躁动之下  
  
1065  
00:40:27,720 --> 00:40:31,400  
那这个很多时候，说明患者之前可能吃了大量的温燥之剂  
  
1066  
00:40:31,840 --> 00:40:34,690  
而且可能第一吃的不是时候  
  
1067  
00:40:34,690 --> 00:40:38,270  
可能比如说秋天秋燥最燥的时候，对吧  
  
1068  
00:40:38,510 --> 00:40:39,910  
那你误用了刚燥之剂  
  
1069  
00:40:39,910 --> 00:40:43,670  
那就太过了，或者有的时候吃的人不对这人血亏  
  
1070  
00:40:45,850 --> 00:40:47,610  
那么如果是一个虚寒的人  
  
1071  
00:40:48,130 --> 00:40:49,890  
他一定血是足的吗  
  
1072  
00:40:50,370 --> 00:40:50,890  
不一定吧  
  
1073  
00:40:50,890 --> 00:40:51,690  
我们讲善  
  
1074  
00:40:52,050 --> 00:40:53,610  
所谓男子内结气善  
  
1075  
00:40:53,730 --> 00:40:55,850  
他是不是有人脉为病的前提啊  
  
1076  
00:40:56,010 --> 00:40:58,170  
人脉为病人总总统朱茵  
  
1077  
00:40:58,490 --> 00:41:00,370  
是不是这人很可能阴血不足啊  
  
1078  
00:41:00,920 --> 00:41:03,840  
那么阴血不足的时候我还想温阳，我咋温  
  
1079  
00:41:04,120 --> 00:41:06,480  
所以当归生姜羊肉汤，你不要小瞧它  
  
1080  
00:41:07,460 --> 00:41:09,660  
我们今天看到这个东西啊  
  
1081  
00:41:09,980 --> 00:41:13,070  
仲景先师已经立了良法了  
  
1082  
00:41:13,470 --> 00:41:15,350  
那么温夏之法代黄附子汤  
  
1083  
00:41:17,290 --> 00:41:21,930  
那么血虚温养之法用的是当归生姜羊肉汤  
  
1084  
00:41:22,450 --> 00:41:24,090  
羊肉本来是一个很私密的东西  
  
1085  
00:41:24,090 --> 00:41:26,090  
我们平时不想在方子里头用  
  
1086  
00:41:26,090 --> 00:41:27,650  
是不是让你一闻都一股膻味  
  
1087  
00:41:27,930 --> 00:41:30,250  
但是山有山用，卓有卓用  
  
1088  
00:41:30,630 --> 00:41:32,470  
如果阴血亏到极点的时候  
  
1089  
00:41:32,550 --> 00:41:35,430  
你反倒就得用它这个浊的味儿去给它升血  
  
1090  
00:41:35,830 --> 00:41:39,500  
防止生姜去引起干燥伤血之象  
  
1091  
00:41:39,660 --> 00:41:40,180  
明白了吧  
  
1092  
00:41:40,420 --> 00:41:42,700  
所以当归生姜羊肉汤一定要注意  
  
1093  
00:41:42,700 --> 00:41:43,860  
这个方法是个好方啊  
  
1094  
00:41:44,220 --> 00:41:45,780  
它有妙用啊  
  
1095  
00:41:45,780 --> 00:41:47,460  
有很多时候，那你说我去温阳  
  
1096  
00:41:47,460 --> 00:41:48,740  
我玩命用附子行不行  
  
1097  
00:41:49,060 --> 00:41:51,060  
他如果血亏到一定一定程度啊  
  
1098  
00:41:51,060 --> 00:41:51,700  
那就不行  
  
1099  
00:41:52,300 --> 00:41:55,390  
血都快没了你，你还给他加一把大火  
  
1100  
00:41:55,670 --> 00:41:56,390  
你说你凉  
  
1101  
00:41:57,030 --> 00:41:59,780  
那是你是给它热了，锅给烧炸了吧  
  
1102  
00:42:00,140 --> 00:42:01,100  
讲这么个道理啊  
  
1103  
00:42:01,260 --> 00:42:02,420  
各有妙用啊  
  
1104  
00:42:02,420 --> 00:42:03,100  
各有妙用  
  
1105  
00:42:03,260 --> 00:42:05,820  
那么因此这类病女子以血为本嘛  
  
1106  
00:42:06,450 --> 00:42:08,130  
女子以以肝为本是吧  
  
1107  
00:42:08,130 --> 00:42:09,010  
男子以肾为本  
  
1108  
00:42:09,250 --> 00:42:10,490  
那么从这个角度来说  
  
1109  
00:42:10,490 --> 00:42:12,930  
女子用到这张方的几率更大  
  
1110  
00:42:13,430 --> 00:42:14,510  
但是特别奇怪啊  
  
1111  
00:42:14,630 --> 00:42:15,350  
特别奇怪  
  
1112  
00:42:15,910 --> 00:42:20,790  
我发现很多当归生姜羊肉汤症的病人会有一个特征  
  
1113  
00:42:20,870 --> 00:42:21,710  
你知道是啥吗  
  
1114  
00:42:22,510 --> 00:42:23,630  
不爱吃羊肉  
  
1115  
00:42:25,300 --> 00:42:26,100  
特别奇怪  
  
1116  
00:42:26,100 --> 00:42:27,220  
这是我品出来的  
  
1117  
00:42:29,980 --> 00:42:30,340  
嗯  
  
1118  
00:42:31,710 --> 00:42:33,350  
对于这个我今天不过多发挥  
  
1119  
00:42:33,630 --> 00:42:36,110  
但是我的意思就是不要抗拒  
  
1120  
00:42:36,790 --> 00:42:39,470  
你要是都得这病，你该吃就吃吧啊  
  
1121  
00:42:39,940 --> 00:42:40,740  
该吃就吃吧  
  
1122  
00:42:41,860 --> 00:42:42,300  
好啊  
  
1123  
00:42:42,620 --> 00:42:43,660  
那这个就是仲景  
  
1124  
00:42:43,660 --> 00:42:45,980  
先是不得已而用之，另立一法是吧  
  
1125  
00:42:46,260 --> 00:42:48,500  
就是这个这个这个寒燥之法  
  
1126  
00:42:48,900 --> 00:42:52,370  
那怎么去润燥，然后还能去温阳啊  
  
1127  
00:42:53,690 --> 00:42:55,290  
好，说到这就就就不赘述  
  
1128  
00:42:55,850 --> 00:42:58,410  
接着往后看，下头啊  
  
1129  
00:42:58,410 --> 00:42:59,330  
当然它有加减啊  
  
1130  
00:42:59,330 --> 00:43:00,170  
加减我就不说了  
  
1131  
00:43:00,170 --> 00:43:01,010  
你自己看看吧  
  
1132  
00:43:01,370 --> 00:43:04,290  
也是他用的那个呃，长法啊  
  
1133  
00:43:05,760 --> 00:43:08,840  
19条寒疝，腹中痛  
  
1134  
00:43:08,840 --> 00:43:09,200  
逆冷  
  
1135  
00:43:09,200 --> 00:43:11,040  
手足不仁，若身疼痛  
  
1136  
00:43:11,940 --> 00:43:16,580  
九次诸药不能治，抵抗乌头桂枝汤主之  
  
1137  
00:43:17,140 --> 00:43:19,020  
关于这个方法我不过多的讲了啊  
  
1138  
00:43:19,340 --> 00:43:21,460  
甚至我不想给你直接讲他的条文  
  
1139  
00:43:22,070 --> 00:43:24,430  
我就关于它，我谈谈几个点啊  
  
1140  
00:43:24,590 --> 00:43:25,550  
大家注意几个点  
  
1141  
00:43:26,470 --> 00:43:27,630  
呃，第一个点呢  
  
1142  
00:43:29,030 --> 00:43:32,910  
这个是韩善之中唯一一个有手足不仁的  
  
1143  
00:43:33,150 --> 00:43:34,110  
大家看到了没有  
  
1144  
00:43:34,560 --> 00:43:36,280  
包括叫身疼痛  
  
1145  
00:43:36,640 --> 00:43:37,520  
这是它的特征  
  
1146  
00:43:38,040 --> 00:43:39,200  
手足不仁是啥意思  
  
1147  
00:43:39,200 --> 00:43:40,480  
就是手和脚不好使  
  
1148  
00:43:41,640 --> 00:43:42,160  
明白了吧  
  
1149  
00:43:42,480 --> 00:43:45,520  
哎，这是他唯一一个具有手足不仁并济的  
  
1150  
00:43:46,440 --> 00:43:46,640  
额  
  
1151  
00:43:47,720 --> 00:43:50,590  
那么所谓手足啊  
  
1152  
00:43:50,710 --> 00:43:52,590  
我们讲为啥会不仁  
  
1153  
00:43:52,750 --> 00:43:54,350  
其实就是尾气不行吧  
  
1154  
00:43:54,670 --> 00:43:56,270  
其实还是一个痹症，是不是  
  
1155  
00:43:56,590 --> 00:43:58,190  
哎，就是就是这么一个问题  
  
1156  
00:43:58,650 --> 00:43:58,850  
呃  
  
1157  
00:43:58,890 --> 00:44:02,330  
那么手足不仁的同时  
  
1158  
00:44:03,380 --> 00:44:03,900  
第二呢  
  
1159  
00:44:03,900 --> 00:44:07,780  
它的组成是乌头加上桂枝汤，大家看到了吧  
  
1160  
00:44:07,980 --> 00:44:10,420  
但它的芳名叫底当乌头桂枝汤  
  
1161  
00:44:11,290 --> 00:44:13,490  
关于这，我个人斗胆猜测  
  
1162  
00:44:13,490 --> 00:44:14,530  
这是我斗胆猜测  
  
1163  
00:44:14,530 --> 00:44:17,020  
这不是不一定是事实啊  
  
1164  
00:44:17,060 --> 00:44:20,220  
只是我的猜测这块可能真是传抄有误  
  
1165  
00:44:20,740 --> 00:44:22,420  
你说古书吧，一点没错  
  
1166  
00:44:22,940 --> 00:44:24,350  
也不一定啊  
  
1167  
00:44:24,350 --> 00:44:27,990  
虽然我在大多数情况下我会尊重原文啊  
  
1168  
00:44:27,990 --> 00:44:31,400  
我觉得原文可能有的地方不对的地方是我们不理解  
  
1169  
00:44:31,520 --> 00:44:33,800  
但这块我认为真实写错了啊  
  
1170  
00:44:34,160 --> 00:44:35,560  
他跟底当没啥关系  
  
1171  
00:44:36,220 --> 00:44:37,540  
因为在我的认知之中  
  
1172  
00:44:37,580 --> 00:44:38,860  
底当是水质的意思  
  
1173  
00:44:39,580 --> 00:44:44,220  
尤其我们，咱们福建话那个智长两个字怎么读  
  
1174  
00:44:45,800 --> 00:44:47,560  
呃，正好有福建的朋友啊  
  
1175  
00:44:47,600 --> 00:44:48,960  
那么呃  
  
1176  
00:44:51,160 --> 00:44:53,920  
能不能用我们的福建话读一下这两个字组  
  
1177  
00:44:57,800 --> 00:44:58,120  
不是  
  
1178  
00:44:58,280 --> 00:45:00,120  
就是用福建话，这这个怎么读  
  
1179  
00:45:01,810 --> 00:45:02,770  
没啊  
  
1180  
00:45:02,930 --> 00:45:03,370  
这个呢  
  
1181  
00:45:04,570 --> 00:45:05,530  
就叫叫  
  
1182  
00:45:06,540 --> 00:45:08,700  
就是这两个字，就是抵当  
  
1183  
00:45:09,580 --> 00:45:10,100  
明白了吧  
  
1184  
00:45:10,900 --> 00:45:14,280  
大家听听清楚了是吧  
  
1185  
00:45:14,680 --> 00:45:14,880  
哎  
  
1186  
00:45:14,880 --> 00:45:18,360  
现场教学那么智长的古音  
  
1187  
00:45:19,600 --> 00:45:24,610  
就是就是抵当他俩是一个音一个音  
  
1188  
00:45:25,130 --> 00:45:26,850  
那么智障是啥意思啊  
  
1189  
00:45:27,650 --> 00:45:32,400  
就这东西在水里头大就能一巴掌大小又变小  
  
1190  
00:45:32,760 --> 00:45:34,440  
大又一巴掌，大小又变小  
  
1191  
00:45:35,000 --> 00:45:36,920  
水里的智障就叫水质  
  
1192  
00:45:38,310 --> 00:45:41,830  
所以这个方式叫抵当汤就叫水质汤，就这意思  
  
1193  
00:45:42,110 --> 00:45:45,950  
那么底当乌头桂枝汤里头没有滞涨，也就是没有水质  
  
1194  
00:45:46,310 --> 00:45:47,310  
说明啥问题  
  
1195  
00:45:47,670 --> 00:45:48,470  
方名写错了  
  
1196  
00:45:48,790 --> 00:45:50,590  
那么关于这个只是我猜测  
  
1197  
00:45:50,790 --> 00:45:53,150  
但实际上你要如果看了千金  
  
1198  
00:45:54,020 --> 00:45:55,460  
千金之中就有这张元芳  
  
1199  
00:45:55,980 --> 00:45:57,780  
它里头就叫乌头桂枝汤  
  
1200  
00:45:58,740 --> 00:46:00,500  
它里头没有那个智涨两个字啊  
  
1201  
00:46:00,660 --> 00:46:01,780  
其实我要说第二点  
  
1202  
00:46:03,140 --> 00:46:03,820  
第三点  
  
1203  
00:46:05,400 --> 00:46:06,520  
既然说到千金了  
  
1204  
00:46:06,520 --> 00:46:08,800  
那咱就多说说千金里头呢  
  
1205  
00:46:09,160 --> 00:46:11,320  
有两个字跟我们金贵的条纹不一样  
  
1206  
00:46:11,320 --> 00:46:12,480  
第一，它不叫寒扇  
  
1207  
00:46:12,720 --> 00:46:16,200  
叫大寒扇，大小的大大指的是什么意思  
  
1208  
00:46:16,200 --> 00:46:17,120  
就是剧烈的意思  
  
1209  
00:46:17,520 --> 00:46:18,040  
第二呢  
  
1210  
00:46:18,400 --> 00:46:19,640  
它不叫弱身疼痛  
  
1211  
00:46:20,160 --> 00:46:21,680  
它叫一身尽痛  
  
1212  
00:46:22,760 --> 00:46:24,000  
这个大家都看清楚了吧  
  
1213  
00:46:24,320 --> 00:46:26,000  
那么这个联系到什么啊  
  
1214  
00:46:27,320 --> 00:46:28,040  
联系到什么  
  
1215  
00:46:29,130 --> 00:46:30,290  
三因极一病症方论  
  
1216  
00:46:30,570 --> 00:46:33,100  
中间有一句话，叫风寒疝  
  
1217  
00:46:33,860 --> 00:46:34,540  
腹痛，逆冷  
  
1218  
00:46:34,660 --> 00:46:35,300  
手足不仁  
  
1219  
00:46:35,620 --> 00:46:37,420  
那么说明这个扇啊  
  
1220  
00:46:38,100 --> 00:46:40,500  
它跟我们当归生姜羊肉汤啊  
  
1221  
00:46:40,500 --> 00:46:42,020  
跟乌头煎啊都不一样  
  
1222  
00:46:42,940 --> 00:46:48,620  
他在腹中受寒的基础上加上了外有什么风寒  
  
1223  
00:46:49,480 --> 00:46:50,600  
就差在这了啊  
  
1224  
00:46:50,640 --> 00:46:51,560  
这个非常简单  
  
1225  
00:46:51,800 --> 00:46:52,920  
就是外有风寒了  
  
1226  
00:46:53,280 --> 00:46:55,400  
因此说外有风寒之后怎么办  
  
1227  
00:46:55,790 --> 00:46:59,790  
咱们就等于在乌头汤的基础上加上桂枝汤  
  
1228  
00:47:01,590 --> 00:47:02,430  
能治啥呢  
  
1229  
00:47:02,830 --> 00:47:05,670  
手足不仁，也就是手足的风寒的痹症  
  
1230  
00:47:05,940 --> 00:47:07,100  
这个大家能理解了吧  
  
1231  
00:47:07,460 --> 00:47:09,020  
那么为啥这样啊  
  
1232  
00:47:09,020 --> 00:47:11,980  
实际上仲景先师这就是仲景先师的笔法  
  
1233  
00:47:11,980 --> 00:47:13,540  
这个我看着太熟悉了  
  
1234  
00:47:14,430 --> 00:47:18,590  
那么你们还记不记得伤寒论中有一个条文柴胡汤的，一个辩证  
  
1235  
00:47:19,590 --> 00:47:20,350  
咋说的  
  
1236  
00:47:23,260 --> 00:47:24,220  
柴胡汤的一个辩证  
  
1237  
00:47:24,980 --> 00:47:26,500  
肢节烦疼还记不记得  
  
1238  
00:47:26,900 --> 00:47:30,140  
唯有心下肢节外症未去用啥方啊  
  
1239  
00:47:30,740 --> 00:47:35,700  
柴胡桂枝汤你看它就是一样要加什么加硅脂，肢节烦疼啥意思  
  
1240  
00:47:35,700 --> 00:47:39,600  
四肢关节吧，这块手足不仁是不是还是这个道理啊  
  
1241  
00:47:40,080 --> 00:47:40,280  
哎  
  
1242  
00:47:40,320 --> 00:47:42,880  
四肢关节的事，那么这个理论从哪来  
  
1243  
00:47:43,570 --> 00:47:44,130  
内经啊  
  
1244  
00:47:44,370 --> 00:47:47,010  
内经有一句话，清阳14支  
  
1245  
00:47:47,570 --> 00:47:50,260  
浊阴归六腑，是吧  
  
1246  
00:47:50,260 --> 00:47:52,260  
阴阳应象大论中间的原话  
  
1247  
00:47:52,540 --> 00:47:54,140  
那么清阳不能食四之  
  
1248  
00:47:54,500 --> 00:47:57,380  
则用桂枝汤去通其清阳  
  
1249  
00:47:58,220 --> 00:48:00,340  
那么就是乌头桂枝汤的用法  
  
1250  
00:48:00,700 --> 00:48:02,340  
内驱其脾寒  
  
1251  
00:48:02,860 --> 00:48:05,060  
外通其四肢之清阳  
  
1252  
00:48:05,470 --> 00:48:07,310  
乌头和桂枝汤就这么简单  
  
1253  
00:48:07,630 --> 00:48:10,230  
因此你反复的读仲景方之后呢  
  
1254  
00:48:10,510 --> 00:48:12,030  
你一开始是学各个方子  
  
1255  
00:48:12,310 --> 00:48:14,510  
但是读来读去，我相信各位同学啊  
  
1256  
00:48:14,510 --> 00:48:17,430  
尤其你们有好多人在一块儿跟我学  
  
1257  
00:48:17,430 --> 00:48:18,510  
也学了几年了  
  
1258  
00:48:18,910 --> 00:48:19,750  
有一些体会  
  
1259  
00:48:20,430 --> 00:48:20,710  
呃  
  
1260  
00:48:20,840 --> 00:48:22,800  
那么反复读多了之后，你就发现  
  
1261  
00:48:22,800 --> 00:48:25,640  
一开始你好像是在临古人的帖子啊  
  
1262  
00:48:25,640 --> 00:48:26,720  
一笔一划照着写  
  
1263  
00:48:27,040 --> 00:48:29,440  
到后来你发现有很多笔划的韵律  
  
1264  
00:48:29,800 --> 00:48:32,800  
它的起承转折都是一样的  
  
1265  
00:48:33,340 --> 00:48:34,820  
最后你学的就不是这个字  
  
1266  
00:48:35,180 --> 00:48:36,060  
而是笔法  
  
1267  
00:48:36,620 --> 00:48:39,300  
所谓古人讲结字，因时相传  
  
1268  
00:48:39,780 --> 00:48:41,100  
用笔千古不易  
  
1269  
00:48:41,420 --> 00:48:42,900  
那么你把笔法学会了  
  
1270  
00:48:43,950 --> 00:48:44,870  
更重要啊  
  
1271  
00:48:44,990 --> 00:48:47,350  
那么你慢慢很多东西你就会自由的加减  
  
1272  
00:48:47,550 --> 00:48:48,430  
你再读古书  
  
1273  
00:48:48,670 --> 00:48:51,370  
有很多时候你也不是发蒙了啊  
  
1274  
00:48:51,410 --> 00:48:53,810  
而是有很多时候会心领神会啊  
  
1275  
00:48:53,810 --> 00:48:54,490  
点点头啊  
  
1276  
00:48:54,490 --> 00:48:55,330  
原来是这样  
  
1277  
00:48:55,450 --> 00:48:57,970  
这块你看他又用的又是这个方法啊  
  
1278  
00:48:57,970 --> 00:48:58,850  
非常有意思  
  
1279  
00:49:00,340 --> 00:49:00,540  
呃  
  
1280  
00:49:00,620 --> 00:49:03,540  
那么这个的汤证的加减变化呢  
  
1281  
00:49:03,540 --> 00:49:05,460  
我后头不再赘言啊  
  
1282  
00:49:05,460 --> 00:49:07,660  
那么后的东西大家都很容易能理解  
  
1283  
00:49:07,940 --> 00:49:08,140  
呃  
  
1284  
00:49:08,180 --> 00:49:09,540  
乌头桂枝汤呢  
  
1285  
00:49:09,540 --> 00:49:12,300  
会有一个问题，就是其支者如罪状啊  
  
1286  
00:49:12,660 --> 00:49:13,700  
得兔者为重病  
  
1287  
00:49:13,980 --> 00:49:15,180  
那么说明很多时候啊  
  
1288  
00:49:15,180 --> 00:49:19,490  
我们治病过程之中不是一个中和能解决的问题  
  
1289  
00:49:19,890 --> 00:49:22,050  
中和就是平和，啥事没有是不是  
  
1290  
00:49:22,490 --> 00:49:24,530  
那么这就是饱和层面的问题了啊  
  
1291  
00:49:24,770 --> 00:49:25,810  
饱和层面是什么  
  
1292  
00:49:26,450 --> 00:49:28,090  
矫枉过正啊，是不是  
  
1293  
00:49:28,290 --> 00:49:31,770  
那你给它治的时候得得给他治到不是中和的状态  
  
1294  
00:49:31,810 --> 00:49:33,970  
给他治到过一点，如罪状  
  
1295  
00:49:34,010 --> 00:49:36,970  
这个人像喝了酒似的，站不直溜  
  
1296  
00:49:37,370 --> 00:49:40,930  
所谓药不玄冥绝级复抽是也啊  
  
1297  
00:49:40,970 --> 00:49:42,570  
讲的就是这个这个概念  
  
1298  
00:49:43,040 --> 00:49:43,240  
呃  
  
1299  
00:49:43,320 --> 00:49:45,560  
得吐者为重病，那吃到吐了啊  
  
1300  
00:49:45,840 --> 00:49:46,960  
说明邪气走了  
  
1301  
00:49:47,360 --> 00:49:47,560  
呃  
  
1302  
00:49:47,560 --> 00:49:50,410  
我昨天呢，就是有一个在工作的时候  
  
1303  
00:49:50,410 --> 00:49:52,330  
有一个同事给我发信息  
  
1304  
00:49:52,330 --> 00:49:53,490  
家里的小孩发烧  
  
1305  
00:49:53,970 --> 00:49:56,790  
然后呢我就让他喝了这个呃  
  
1306  
00:49:57,150 --> 00:49:59,310  
藿香正气很小的小孩啊  
  
1307  
00:49:59,310 --> 00:50:00,910  
之后告诉我喷射状的呕吐  
  
1308  
00:50:01,260 --> 00:50:02,500  
我当时比较敏感  
  
1309  
00:50:02,660 --> 00:50:06,180  
我我甚至都想告诉他你去医院查一下颅脑有没有问题  
  
1310  
00:50:06,340 --> 00:50:07,300  
因为我在学校啊  
  
1311  
00:50:07,300 --> 00:50:09,220  
他在家里没看见小孩  
  
1312  
00:50:09,540 --> 00:50:10,820  
只有他晚上到家之后呢  
  
1313  
00:50:10,820 --> 00:50:13,260  
说按照我的用法又喝了小柴胡  
  
1314  
00:50:13,690 --> 00:50:15,770  
之后再吐就不是喷射状了  
  
1315  
00:50:16,090 --> 00:50:17,450  
那么就是吐的都是水  
  
1316  
00:50:17,770 --> 00:50:18,610  
哎，我说这是好事  
  
1317  
00:50:18,610 --> 00:50:20,170  
你接着喝还得吐  
  
1318  
00:50:20,490 --> 00:50:22,010  
到现在也没再给我打电话  
  
1319  
00:50:22,190 --> 00:50:24,390  
那没消息对我来说就是好消息啊  
  
1320  
00:50:24,630 --> 00:50:25,590  
说明没事了啊  
  
1321  
00:50:25,710 --> 00:50:26,390  
他要有事  
  
1322  
00:50:26,510 --> 00:50:28,590  
他是一会儿就给我一个电话，一会一个电话  
  
1323  
00:50:28,590 --> 00:50:29,470  
说明没事了  
  
1324  
00:50:29,790 --> 00:50:31,190  
我最后一次跟他通话的时候  
  
1325  
00:50:31,190 --> 00:50:34,590  
他家小孩在电视在那个沙发上坐着看电视呢，啊  
  
1326  
00:50:34,830 --> 00:50:35,910  
已经没啥事了  
  
1327  
00:50:37,360 --> 00:50:39,200  
那么这个呃治病的时候  
  
1328  
00:50:39,200 --> 00:50:42,000  
所以患者有点什么拉拉肚啊，吐一吐啊  
  
1329  
00:50:42,000 --> 00:50:43,080  
你不用害怕啊  
  
1330  
00:50:43,320 --> 00:50:47,010  
不用显得好像四六神无主那样啊  
  
1331  
00:50:47,010 --> 00:50:48,210  
比患者还慌啊  
  
1332  
00:50:48,410 --> 00:50:50,210  
那患者就就就坐不住了  
  
1333  
00:50:50,850 --> 00:50:53,210  
那么我们后头的方子呢就不再赘述了  
  
1334  
00:50:53,210 --> 00:50:56,870  
有一个能够治疗寒疝的乌头汤  
  
1335  
00:50:57,030 --> 00:50:59,270  
其实就是乌头汤，原方一点没动啊  
  
1336  
00:50:59,550 --> 00:51:03,460  
其实后世把一些呃六朝古方增补进来的啊  
  
1337  
00:51:04,020 --> 00:51:06,380  
后头还有一个叫新辅  
  
1338  
00:51:07,350 --> 00:51:11,230  
额足足，就是突然中痛用的柴胡桂枝汤  
  
1339  
00:51:11,310 --> 00:51:14,550  
这个咱们那个柴桂枝汤证有这个呃  
  
1340  
00:51:14,670 --> 00:51:16,470  
危偶之症，心下之结对吧  
  
1341  
00:51:16,790 --> 00:51:17,950  
这个我不给你讲了  
  
1342  
00:51:18,710 --> 00:51:22,150  
走马汤我一看，这不就是白散的汤剂变化吗  
  
1343  
00:51:22,230 --> 00:51:23,310  
少了个桔梗啊  
  
1344  
00:51:24,340 --> 00:51:24,900  
都很熟  
  
1345  
00:51:25,460 --> 00:51:27,420  
我要唯独说一下的是素食  
  
1346  
00:51:28,770 --> 00:51:29,330  
素食呢  
  
1347  
00:51:30,010 --> 00:51:32,170  
呃，他在这的治法有两个  
  
1348  
00:51:32,170 --> 00:51:34,210  
一个攻下一个勇兔  
  
1349  
00:51:35,160 --> 00:51:36,360  
这个涌吐法刮地散  
  
1350  
00:51:36,360 --> 00:51:38,760  
咱们总用在伤寒论中也讲过，不赘述  
  
1351  
00:51:39,200 --> 00:51:40,920  
攻下法大承气汤也不说了  
  
1352  
00:51:40,920 --> 00:51:41,920  
唯独说一个脉  
  
1353  
00:51:42,560 --> 00:51:44,480  
他这讲素食之脉是什么样啊  
  
1354  
00:51:45,040 --> 00:51:49,220  
寸口浮而大暗之反色，尺重威而色  
  
1355  
00:51:49,660 --> 00:51:51,460  
那么这时候就知道是素食  
  
1356  
00:51:52,140 --> 00:51:52,340  
呃  
  
1357  
00:51:52,700 --> 00:51:55,060  
那么为啥啊，我个人是这么看的  
  
1358  
00:51:56,300 --> 00:51:58,860  
他这个说的是啊，呃里虚  
  
1359  
00:51:59,020 --> 00:51:59,900  
里虚之后呢  
  
1360  
00:52:00,460 --> 00:52:01,540  
不能运化了  
  
1361  
00:52:02,210 --> 00:52:03,930  
那这种脉多见于什么样呢  
  
1362  
00:52:03,930 --> 00:52:05,210  
很多小孩，尤其是啊  
  
1363  
00:52:05,610 --> 00:52:07,210  
我多我多能看到这种脉  
  
1364  
00:52:07,570 --> 00:52:11,620  
就是换句话说，那个寸脉空尺脉不足  
  
1365  
00:52:11,620 --> 00:52:12,740  
很多小孩会看到  
  
1366  
00:52:13,140 --> 00:52:16,000  
而且这种小孩一般情况下啊  
  
1367  
00:52:16,000 --> 00:52:17,320  
当然我说的一般情况啊  
  
1368  
00:52:17,360 --> 00:52:21,960  
这个并并不是说那啥都是爷爷奶奶或者姥姥姥爷带的  
  
1369  
00:52:22,460 --> 00:52:24,180  
我这个见得太多了  
  
1370  
00:52:24,180 --> 00:52:26,940  
门诊上总有就是，甚至有有啥样的呢  
  
1371  
00:52:26,940 --> 00:52:27,660  
就跟我说  
  
1372  
00:52:28,150 --> 00:52:31,990  
那个奶奶看电视的时候把孩子抱起来放旁边啊  
  
1373  
00:52:32,350 --> 00:52:33,390  
奶奶老了无所谓啊  
  
1374  
00:52:33,390 --> 00:52:35,640  
就说这事儿放旁边，哎  
  
1375  
00:52:35,720 --> 00:52:36,800  
奶奶手里拿着饭碗  
  
1376  
00:52:36,800 --> 00:52:40,450  
一边看着电视这边拿勺一蒯  
  
1377  
00:52:40,730 --> 00:52:41,410  
再来一口  
  
1378  
00:52:41,690 --> 00:52:42,810  
呵呵  
  
1379  
00:52:42,930 --> 00:52:45,590  
然后我一看，这最后必然是这脉啊  
  
1380  
00:52:45,950 --> 00:52:46,910  
因为小孩儿啊  
  
1381  
00:52:46,910 --> 00:52:49,990  
我早就说过小孩他的阳气是不全的是吧  
  
1382  
00:52:50,440 --> 00:52:52,240  
它的整个的阳气是不全的  
  
1383  
00:52:52,480 --> 00:52:53,160  
还没长成  
  
1384  
00:52:53,600 --> 00:52:57,040  
你这时候给它这么一勺一勺，它运化不动啊  
  
1385  
00:52:57,720 --> 00:53:00,560  
这个时候就会产生一个问题，就实机了  
  
1386  
00:53:00,800 --> 00:53:05,000  
实机之后运化不动他就他就反而是不但不能运  
  
1387  
00:53:05,000 --> 00:53:06,080  
化反而是很腻慢  
  
1388  
00:53:06,320 --> 00:53:07,280  
这是第一种情况  
  
1389  
00:53:07,600 --> 00:53:10,760  
还有第二种脉症是22条，特别有意思  
  
1390  
00:53:11,180 --> 00:53:13,580  
脉硕而滑，这个是最多见的  
  
1391  
00:53:13,820 --> 00:53:15,260  
这个在门诊上我经常有的时候  
  
1392  
00:53:15,260 --> 00:53:17,020  
我们学生总能看见我一摸脉  
  
1393  
00:53:17,020 --> 00:53:18,620  
哎，我说你伤食了是吧  
  
1394  
00:53:18,900 --> 00:53:21,100  
或者你吃啥不该吃的东西了啊  
  
1395  
00:53:21,100 --> 00:53:22,220  
或者是你吃什么了  
  
1396  
00:53:22,730 --> 00:53:26,650  
哎，这个这个有很多时候很多医生都能摸出来啊  
  
1397  
00:53:26,650 --> 00:53:27,250  
说一摸，诶  
  
1398  
00:53:27,250 --> 00:53:30,160  
你吃了冰淇淋，患者有时候就给你神话了  
  
1399  
00:53:30,160 --> 00:53:31,840  
说你看吃什么东西都能摸出来  
  
1400  
00:53:32,040 --> 00:53:33,640  
但也有很多同道呢，供给  
  
1401  
00:53:34,240 --> 00:53:34,440  
呃  
  
1402  
00:53:34,480 --> 00:53:36,040  
对于攻击通道，你先别着急  
  
1403  
00:53:36,040 --> 00:53:38,600  
你多摸多摸你也能摸出来，非常简单啊  
  
1404  
00:53:38,600 --> 00:53:40,280  
这不是一个很难的事  
  
1405  
00:53:40,550 --> 00:53:41,630  
那为啥能摸出来  
  
1406  
00:53:41,830 --> 00:53:42,790  
我举一个例子  
  
1407  
00:53:42,790 --> 00:53:43,750  
可能你要是没有  
  
1408  
00:53:44,030 --> 00:53:46,350  
你如果没有实践，你一定会问出这个问题  
  
1409  
00:53:46,670 --> 00:53:49,070  
你实践多了你一定就不会问了  
  
1410  
00:53:49,730 --> 00:53:52,090  
那你看片子凭啥就能把病看出来呢  
  
1411  
00:53:52,570 --> 00:53:53,570  
因为看多了呗  
  
1412  
00:53:54,090 --> 00:53:55,130  
就这么简单啊  
  
1413  
00:53:55,130 --> 00:53:56,210  
我一说你就懂了吧  
  
1414  
00:53:56,530 --> 00:53:58,410  
那你正常的脉摸多了  
  
1415  
00:53:58,410 --> 00:54:00,410  
不正常的脉一来你就知道了  
  
1416  
00:54:01,540 --> 00:54:02,980  
至于为啥我也不知道啊  
  
1417  
00:54:03,260 --> 00:54:08,060  
那就像为啥我们这屋同样都是黄皮肤黑头发  
  
1418  
00:54:09,180 --> 00:54:09,740  
黑眼珠  
  
1419  
00:54:10,180 --> 00:54:13,380  
那为啥日本人一进屋你就能知道他不是中国人呢  
  
1420  
00:54:13,900 --> 00:54:15,260  
因为中国人看多了呗  
  
1421  
00:54:16,180 --> 00:54:17,540  
你问我为啥我也不知道  
  
1422  
00:54:18,260 --> 00:54:19,620  
就包括我们都是北方人  
  
1423  
00:54:19,820 --> 00:54:21,220  
突然进来一个南方朋友  
  
1424  
00:54:21,220 --> 00:54:22,820  
你一眼就知道不是北方人  
  
1425  
00:54:23,540 --> 00:54:24,420  
那你咋知道的  
  
1426  
00:54:24,700 --> 00:54:27,460  
太不科学了是不是啊  
  
1427  
00:54:27,830 --> 00:54:32,560  
那有的时候你你你科学不是真理啊  
  
1428  
00:54:32,560 --> 00:54:33,600  
它只是一个方法  
  
1429  
00:54:34,000 --> 00:54:34,560  
你不能  
  
1430  
00:54:34,920 --> 00:54:37,600  
那那很多人嘲笑古人郑人买履  
  
1431  
00:54:38,640 --> 00:54:45,220  
那你端着科学的尺子去量这个事事物的真相  
  
1432  
00:54:45,820 --> 00:54:47,780  
那你跟郑人买履有什么区别呢  
  
1433  
00:54:48,530 --> 00:54:49,450  
就说这个道理啊  
  
1434  
00:54:49,450 --> 00:54:51,810  
科学古人，古人不讲科学  
  
1435  
00:54:51,810 --> 00:54:55,330  
科学是16世纪伽利略他们那那拨人提出来的吧  
  
1436  
00:54:56,170 --> 00:54:56,370  
哎  
  
1437  
00:54:56,890 --> 00:54:58,650  
那么这拨人，咱说白了  
  
1438  
00:54:59,630 --> 00:55:01,790  
这个说到这啊，就就可以结束了  
  
1439  
00:55:01,790 --> 00:55:04,070  
我讲一个小故事吧  
  
1440  
00:55:04,630 --> 00:55:05,950  
曾经有一段时间呢  
  
1441  
00:55:06,840 --> 00:55:07,040  
呃  
  
1442  
00:55:07,280 --> 00:55:09,680  
有一个朋友啊我，我在外头开会啊  
  
1443  
00:55:09,680 --> 00:55:11,400  
我一般是比较和气的  
  
1444  
00:55:11,680 --> 00:55:13,320  
但是有人就提了这么一个事  
  
1445  
00:55:14,110 --> 00:55:16,430  
说这个中医不科学的时候，我当场啪  
  
1446  
00:55:16,430 --> 00:55:20,210  
就这个我是听不了一些事啊  
  
1447  
00:55:20,210 --> 00:55:22,090  
就是说你要说老祖宗啊  
  
1448  
00:55:22,610 --> 00:55:23,210  
说一些东西  
  
1449  
00:55:23,210 --> 00:55:25,810  
因为我我是老祖宗的后代  
  
1450  
00:55:26,500 --> 00:55:29,660  
那我也是靠老祖宗这些东西安身立命  
  
1451  
00:55:30,380 --> 00:55:33,760  
这个东西，你你让我骂自己老祖宗  
  
1452  
00:55:33,760 --> 00:55:36,080  
我说不出口，我就生气了  
  
1453  
00:55:36,560 --> 00:55:37,400  
之后我说了句话  
  
1454  
00:55:37,640 --> 00:55:37,840  
哎  
  
1455  
00:55:37,840 --> 00:55:39,320  
我说你，我先打断你一下  
  
1456  
00:55:39,680 --> 00:55:40,760  
你说中医不科学啊  
  
1457  
00:55:40,760 --> 00:55:42,000  
我承认中医不科学  
  
1458  
00:55:42,000 --> 00:55:42,840  
但我问你个问题  
  
1459  
00:55:43,390 --> 00:55:45,470  
科学是什么时候出现的  
  
1460  
00:55:45,470 --> 00:55:47,910  
这个词一下子给他问蒙了  
  
1461  
00:55:48,110 --> 00:55:48,990  
我说你不知道啊  
  
1462  
00:55:48,990 --> 00:55:52,310  
我告诉你，16世纪到今天  
  
1463  
00:55:53,710 --> 00:55:54,710  
500年不到吧  
  
1464  
00:55:56,160 --> 00:55:57,080  
中医多少年啊  
  
1465  
00:55:57,360 --> 00:55:58,000  
你知道吗  
  
1466  
00:55:59,000 --> 00:56:00,360  
我告诉你，有中医  
  
1467  
00:56:00,800 --> 00:56:03,000  
没有科学这词的时候就有中医  
  
1468  
00:56:04,020 --> 00:56:05,380  
但我还要告诉你一件事  
  
1469  
00:56:05,940 --> 00:56:10,060  
有一天科学这词没有了，中医还有  
  
1470  
00:56:11,460 --> 00:56:11,820  
好吧  
  
1471  
00:56:11,900 --> 00:56:13,540  
那我们今天先结束下课啊